

## Dance

| Solutions  |
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| Dance  |
| <ul style="list-style-type: none"> <li>• Attend workshops with visiting dance teachers/companies - either in school or locally: Lowry Theatre , Dance House Manchester, Z-Arts</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Explore existing dance works (either live or online, some suggestions include: Rambert Dance, Christopher Bruce, Hofesh Schechter, Blue Boy Entertainment, Wayne McGregor, Mather Bourne, Itzik Galili, StopGap Dance Company, James Cousins, Jasmin Vardimon)</li> </ul> |
| <ul style="list-style-type: none"> <li>• Explore existing dance styles (Either live or online, some suggestions include Ballet, Contemporary, Urban, Inclusive Dance, Site Sensitive)</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Explore Dance Manchester website</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Explore Dancehouse website</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Complete work that is set on TEAMS</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Research the dance style/topic you are learning</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Attend our school’s extracurricular dance club to develop your choreography and performance skills</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Dance Worksheet: <a href="#">Warming Up and Cooling Down Activity</a></li> </ul>  |

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