



# Allergy Menu - Autumn Winter 2024/2025

## NGCI

### Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Mac & Cheese - With Garlic slice	Cheese & Tomato Pizza Served with Potato wedges	Roast Gammon & Gravy With Roasties	Chicken and Vegetable Pie With mixed veg	Fish & Chips
Option 2	Plant Based Pasta Bolognese Served with Garlic slice				
Veggies	Choose from approved vegetables recipes 927681				
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Lime Iced Vanilla and Courgette Sponge	Orange Cookie	Chocolate brick	Plain Sponge and Bananas	Ice Cream

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes

ready to  
serve





# Allergy Menu - Autumn Winter 2024/2025 NGCI

## Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Cheese & Tomato Pizza with Hand Cut Potato Wedges	Beef Burger Bun with Hand Cut Potato Wedges	Garlic & Herb Roast Chicken With Roasties	Beef Bolognese with GF pasta	Fish & Chips
Option 2					
Veggies	Choose from approved vegetables recipes 927681				
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Mixed Fruit salad	Plain Cookie	GF apple crumble	Jelly and Fruit	Ice Cream

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes

Ready to  
serve





# Allergy Menu - Autumn Winter 2024/2025 NGCI

## Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Herby Tomato & Basil Pasta Bake <b>(946930)</b>	'Nation's Favourite' Chicken Tikka With Wholegrain Rice	Roast Chicken & Gravy With Roasties	Meatball In a plain tomato sauce with GF pasta	Fish & Chips
Option 2		Vegetable & Butter Bean Korma With Wholegrain Rice			
Veggies	Choose from approved vegetables recipes 927681				
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Muffin	Vanilla Shortbread	Lemon & Parsnip Drizzle Cake	Peach Upside Down Cake	Ice Cream

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes

Ready to  
serve

