



Allergy Menu - Autumn Winter 2024/2025

Milk Free

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Plant Based Spaghetti Bolognese With Green Salad	Homemade Sausage Roll Served with Potato wedges	Roast Gammon & Gravy With Roasties	Chicken and Vegetable Pie With Green Beans	Fish Fingers & Chips
Option 2	Hot Tomato Pasta	Herby Tomato Pasta	Veggie Tomato Pasta bake	Hot Tomato Pasta	Veggie Sausages & Chips
Veggies	Choose from approved vegetables recipes 927681				
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Lime Iced Vanilla Sponge	Orange Cookie	Chocolate Brownie	Banana Sponge	Shortbread

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes

ready to serve





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**Week
Two**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Five Bean & Lentil Chilli Con Carne with Spiced Potatoes & Slaw	Beef Burger Bun with Hand Cut Potato Wedges	Garlic & Herb Roast Chicken & Stuffing With Roasties and veg	Beef Bolognese with pasta and mixed Vegetables	Fish Fingers & Chips
Option 2	Tomato Basil Pasta	Hot Tomato Pasta	Veggie Sausage with Roasties and VEg	Hot Tomato pasta	Veggie tomato pasta bake
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Mixed Fruit Salad	Cookie	Apple Crumble	Jelly and Fruit	Shortbread

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Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Herby Tomato & Basil Pasta Bake With herby diced potatoes	'Nation's Favourite' Chicken Tikka With Wholegrain Rice	Roast Chicken, Stuffing & Gravy With Roasties	Meatballs with Homemade tomato sauce and pasta	Fish Fingers & Chips
Option 2		Vegetable & Butter Bean Korma With Wholegrain Rice		Veggie Tomato bake	
Veggies	Choose from approved vegetables recipes 927681				
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Vanilla cupcake	Vanilla Shortbread	Lemon Drizzle cake	Peach Upside Down Cake	Plain cookie

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Ready to serve

