**CCA Curriculum 2024/25 – PSHCE and Citizenship – Draft v3**

**Curriculum overview**

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| **Key Stage 2** | **Autumn 1**  (8 weeks)  **2nd *Sept – 25th Oct*** | **Autumn 2**  (7 weeks)  **4th *Nov – 20th Dec*** | **Spring 1**  (6 weeks)  ***6th Jan – 14th Feb*** | | **Spring 2**  (6 weeks)  ***24th Feb – 11th April*** | **Summer 1**  (4 weeks)  ***28th Apr – 23rd May*** | **Summer 2**  (7 weeks)  **2nd  *June – 18th July*** |
| **Assessment Cycle** | **Cycle 1** |  |  | |  |  |  |
| National Awareness Days and School Events | **INSET 2nd September**  **Coffee Morning ?**  **World Mental Health Day 10th October**  **INSET 4th Oct** | **Anti-bullying week**  **11th-15th November**  **UK Parliament week**  **18th -24th November**  **INSET 29th November** | **INSET 6th Jan**  **Children’s Mental Health Week 3rd – 9th February** | | **10X 3rd - 28th March**  **Step into NHS deadline** | **Bank holiday 5th May**  **Mental Health Awareness Week 12th – 18th May**  **SATs 12th May – 15th May**  **Y8 France Trip** | **Transition**  **Y6 Stanley Head** |
| **Year 5 PSHCE**  *(2 hours a fortnight)* | **Introduction (3 lessons):**  Intro to PSHE and ground rules.  Baseline assessment. Transition lessons. | **Rights and Responsibilities:** Duties, taking care of the environment and animals  Careers in animal care and green careers (RSPCA) | **UK Parliament:** democracy, how laws are made, government and parliament (Parliament Education) | | **Rights and Responsibilities:** Money sense  (Nat West Money Sense) | **Healthy lifestyles:**  Sun safety, dental care, sleep.    Careers in Health and Social Care | **Growing and changing:** (RSE)  Puberty, safety, abuse, types of relationships  Hygiene (PSHE Association, Brook, Always) |
| **Healthy Lifestyles:**  Physical Health, Fitness and Healthy Eating |
| **Valuing difference (5 lessons) :** incl. anti-bullying (Anti-bullying Alliance) and respect each other (Internet Legends) |
| **Internet Safety:** Staying safe online |
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| **Year 6 PSHCE**  *(2 hours a fortnight)* | **Introduction:** Baseline assessment and pupil voice questionnaires | **Valuing difference:** incl. anti-bullying, puppet theatre, protected characteristics  (Anti-bullying Alliance) | **Healthy lifestyles:** Drugs – immunisations, smoking, alcohol (PSHE Association) | **Healthy lifestyles:** Mental Health  Mindfulness  (SATs) (PSHE Association) | | **Keeping Safe (4 lessons):** Road safety (Staffordshire Highways). Water Safety (PSHE Association), Rail safety | **Growing and changing:** (RSE)  Puberty, safety, abuse, types of relationships |
| **Valuing difference:** incl. anti-bullying, puppet theatre, protected characteristics  (Pupils to make puppets at home) | **Rights and Responsibilities:** UDHR and the UN Rights of the Child. To include arts based activity. | **Keeping Safe:** First Aid |
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| **Key Stage 3** | **Autumn 1**  (8 weeks)  **2nd *Sept – 25th Oct*** | **Autumn 2**  (7 weeks)  **4th *Nov – 20th Dec*** | **Spring 1**  (6 weeks)  ***6th Jan – 14th Feb*** | | **Spring 2**  (6 weeks)  ***24th Feb – 11th April*** | **Summer 1**  (4 weeks)  ***28th Apr – 23rd May*** | **Summer 2**  (7 weeks)  **2nd  *June – 18th July*** |
| **Assessment Cycle** | **Cycle 1** |  |  | |  |  |  |
| National Awareness Days and School Events | **INSET 2nd September**  **Coffee Morning ?**  **World Mental Health Day 10th October**  **INSET 4th Oct** | **Anti-bullying week**  **11th-15th November**  **UK Parliament week**  **18th -24th November**  **INSET 29th November** | **INSET 6th Jan**  **Children’s Mental Health Week 3rd – 9th February** | | **10X 3rd - 28th March**  **Step into NHS deadline** | **Bank holiday 5th May**  **Mental Health Awareness Week 12th – 18th May**  **SATs 12th May – 15th May**  **Y8 France Trip** | **Transition**  **Y6 Stanley Head** |
| **Year 7 PSHCE**  *(3 hours a fortnight)* | **Introduction (4 lessons):**  Ground Rules  Baseline assessment  Transition to KS3 and pupil voice questionnaires (PSHE Association) | **Law and Crime (8 lessons):** Justice system, Youth Justice system, Mock Trial.  (EC Resources)  **UK Parliament Week and Anti-Bullying Week Activities** | **Healthy Lifestyles (8 lessons):** Risks Associated with legal and illegal substances (PSHE Association) | | **Career Exploration (5 lessons):** Step into the NHS (Deadline 30th April)  Challenging of gender stereotypes | **Healthy lifestyles (4 lessons):** Physical Health and Healthy Eating | **RSE (6 lessons):**  Healthy and positive relationships, including intimate relationships; Expectations and stereotypes in relationships; Managing strong feelings; The concept of consent. |
| **Money (3 lessons):** Enterprise Skills and charitable organisations – Pupils to organise a Coffee Morning to raise money for a charity.  Employer talk from a local charity. | **Online Relationships (4 lessons):** Crossing the line – on and offline friendships and relationships (Child Net) | **Types of qualification and training (4 lessons):** qualifications, apprenticeships.  Talks from local colleges and apprentices |
| **Introduction to Career Planning (4 lessons):** Personal Skills,Strengths and areas for improvement. FSQ.  Introduction to Skills Builder |
| **One-off Lessons - Sleep and dental health will be set as cover lessons, when required.** | | | | | | | |
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| **Year 8 PSHCE**  *(3 hours a fortnight)* | **Introduction (3 lessons):**  Ground Rules  Baseline assessment  Group work skills and Pupil voice questionnaires.  FSQ | **Career Exploration:** Green careers  Employer encounters from individuals/companies linked to recycling, green energy production etc. | **Healthy Lifestyles:** Risks Associated with legal and illegal substances (PSHE Association) | | **Enterprise 10X Challenge:**  Drop down day to include talks from local entrepreneurs | **Healthy lifestyles:**  Mental health (PSHE Association) | **RSE**: Sexual exploitation, Grooming (CEOP) and Consent (PSHE Association) |
| **Identity:** Valuing difference and personal identity | **Human Rights and International Law** |
| **Types of qualification and training (4 lessons):** qualifications, apprenticeships.  Talks from local colleges and apprentices |

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| RSE |
| Health Education |
| Living in the Wider World |
| Careers |