

**Young Carers Support**

Here at Christ Church Academy we are looking at the role of Young Carers and those affected by caring and how the family can be impacted by this issue.

* It is our aim to support students to maximise their potential for learning.
* In school we offer a homework club at lunch time as well as one after school.
* Various clubs run at lunch times as well as after school to create a greater opportunity for everyone to attend.
* Students can fill out a wellbeing survey if they wish to help us look at strengths and weaknesses to tailor help or let us know what we at school can do.
* We have a drop in session where a student can have a chat.
* Some useful sites you can visit:
* [www.carers.org](file:///C:\Users\g.coulson\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\SI1N6KCD\www.carers.org)
* [www.youngcarersmatter.org](file:///C:\Users\g.coulson\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\SI1N6KCD\www.youngcarersmatter.org)
* [www.childrenssociety.org.uk](file:///C:\Users\g.coulson\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\SI1N6KCD\www.childrenssociety.org.uk)

If you wish to find out more or discuss any particular aspect of caring you can contact the Young Carers coordinator, Mrs D Farnell.

You can contact me by filling out the form below and posting/ handing in to school in a sealed envelope or by phone/ email:

Young Carers Lead is Mrs D Farnell, Assistant SENCo/ T.A

**Contact by phone on**; 01785 334900 or **email**; [d.farnell@cca.staffs.sch.uk](mailto:d.farnell@cca.staffs.sch.uk)

**Contact form**

Pupils name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health issues or substance misuse?

yes no

If you wish, you can give further details here: (nor required)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Would you like more information about the types of support the school provides to young carers?

yes no

Please provide a name and telephone number or email address so that we can contact you.

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone/ email address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Wellbeing Questionnaire**

Year group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Today’s date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- |
| We are asking for your views so that we can find out more about how your caring responsibilities makes you feel, what support you may need/want from school and the difference this support could make to you |

Please tick to tell us how you feel about each of the things below on a scale of 1-5

(1 = strongly disagree; 5 = strongly agree)

|  | 1 | 2 | 3 | 4 | 5 |
| --- | --- | --- | --- | --- | --- |
| I feel my attendance at school is good |  |  |  |  |  |
| I feel I arrive at school on time |  |  |  |  |  |
| I feel I am able to complete my homework on time |  |  |  |  |  |
| I feel I do well in my school and homework |  |  |  |  |  |
| I feel I behave well at school |  |  |  |  |  |
| I feel I have time for myself and to do hobbies |  |  |  |  |  |
| I feel I am able to look after my own health, have a good diet and do exercise |  |  |  |  |  |
| I feel I am able to make friends and get along well with other pupils/students |  |  |  |  |  |
| I feel able to set goals for myself |  |  |  |  |  |
| I feel able to manage my emotions |  |  |  |  |  |
| I feel good about myself |  |  |  |  |  |
| I feel confident |  |  |  |  |  |
| I feel happy |  |  |  |  |  |
| I feel that my school understands the caring that I do |  |  |  |  |  |
| I feel that my school supports me as a young carer |  |  |  |  |  |
| I feel that other children/young people at my school understand the caring I do |  |  |  |  |  |
| I feel I am doing something good because I am a young carer. |  |  |  |  |  |

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| What support do you think would help you? |
| What support would you like from your school? |
| Any further comments you would like to make: |