



Young Carers Support

Here at Christ Church Academy we are looking at the role of Young Carers and those affected by caring and how the family can be impacted by this issue.

- It is our aim to support students to maximise their potential for learning.
- In school we offer a homework club at lunch time as well as one after school.
- Various clubs run at lunch times as well as after school to create a greater opportunity for everyone to attend.
- Students can fill out a wellbeing survey if they wish to help us look at strengths and weaknesses to tailor help or let us know what we at school can do.
- We have a drop in session where a student can have a chat.
- Some useful sites you can visit:
 - www.carers.org
 - www.youngcarersmatter.org
 - www.childrenssociety.org.uk

If you wish to find out more or discuss any particular aspect of caring you can contact the Young Carers coordinator, Mrs D Farnell.

You can contact me by filling out the form below and posting/ handing in to school in a sealed envelope or by phone/ email:

Young Carers Lead is Mrs D Farnell, Assistant SENCo/ T.A

Contact by phone on; 01785 334900 or **email;** d.farnell@cca.staffs.sch.uk

Contact form

Pupils name: _____

Class: _____

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health issues or substance misuse?

yes no

If you wish, you can give further details here: (nor required)

Would you like more information about the types of support the school provides to young carers?

yes no

Please provide a name and telephone number or email address so that we can contact you.

Name: _____

Telephone/ email address: _____

Wellbeing Questionnaire

Year group: _____

Your name: _____

Date of birth: _____

Today's date: _____

We are asking for your views so that we can find out more about how your caring responsibilities makes you feel, what support you may need/want from school and the difference this support could make to you

Please tick to tell us how you feel about each of the things below on a scale of 1-5

(1 = strongly disagree; 5 = strongly agree)

	1	2	3	4	5
I feel my attendance at school is good					
I feel I arrive at school on time					
I feel I am able to complete my homework on time					
I feel I do well in my school and homework					
I feel I behave well at school					
I feel I have time for myself and to do hobbies					

	1	2	3	4	5
I feel I am able to look after my own health, have a good diet and do exercise					
I feel I am able to make friends and get along well with other pupils/students					
I feel able to set goals for myself					
I feel able to manage my emotions					
I feel good about myself					
I feel confident					
I feel happy					
I feel that my school understands the caring that I do					
I feel that my school supports me as a young carer					
I feel that other children/young people at my school understand the caring I do					
I feel I am doing something good because I am a young carer.					

What support do you think would help you?

What support would you like from your school?

Any further comments you would like to make: