



Bikeability Level 1 Information and Consent Letter – Christ Church C.E First School

Dear Year 4 Parents / Carers

8th February 2023

On **Wednesday 22nd March 2023** all pupils have been offered the opportunity to take part in Bikeability Level 1 **FREE of Charge** during school time. This is a national scheme funded by the Department for Transport and provided through Staffordshire County Council.

The course is delivered by Nationally Qualified Cycling Instructors and Bikeability is an active, fun and trusted outdoor activity.

Level 1 takes place on the school playground and teaches children how to **maintain their cycle**: make sure it is in tip-top condition and make simple repairs, **glide**: smooth, calm and collected, **control their bike**: including setting off, cruising, slowing down, braking and stopping, **pedal**: without feeling wobbly or out of control. And **be aware of their surroundings**: looking behind and turning around obstacles. It's also sound introduction to Level 2 on-road training which is offered by your school. All who take part will receive a badge and certificate.

Participants **must be able to ride** to take part. They also **need their own roadworthy bike** (we strongly recommend a helmet), signed parental consent and outdoor clothing (gloves) or sunblock subject to conditions. Parental permission must be given if no helmet is being worn*.

Bicycles need to be in a road-worthy condition for this course which means a front and back working brake. Ideally please also check tyres have enough air, oil the chain, ensure handlebars are fixed on tight and your child's seat is secure and pointing forward (www.bikeability.org.uk)

Parents/Carers must **complete the slip and return to school before Wednesday 1st March 2023**.

Yours sincerely

Miss Liann Allpress

liann@cyclist-training.co.uk

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CHRIST CHURCH CE FIRST – YEAR 4 BIKEABILITY LEVEL 1 PARENTAL CONSENT

Please return consent to school office by Wednesday 1st March 2023

Pupil Name: _____ Year Group: _____

Participant will have a road-worthy bike (YES) and helmet (optional YES / NO) *Signed: _____

May we use your child's image for CTL/Council website and social media? YES/NO

Please provide medical / allergy / SEN Information and details if your child is clinically vulnerable / at higher risk of severe illness from Covid-19 / lives with someone who is clinically vulnerable:

I give my consent for these details to be shared with Velo CTL.....Y/N

Signed: _____ Date: _____

CTL complies with GDPR and protects the personal information of individuals

