**Family Support Service by SCTSP in Partnership with Staffordshire County Council**

**STAFFORD/STONE**

**FREE ONLINE BEHAVIOUR & WELLBEING WORKSHOPS/PROGRAMMES**

**Programmes for Parents**

**4- week Programme Understanding and Managing**

**Defiant Behaviours and Anger in Children and Young people**

**Start Date: Thursday 22nd April 2021 11-12pm**

**Workshop for Parents**

**Helping Children to develop a Positive attitude and Growth Mind-set**

**Date: Tuesday 27th April: 10-11.30am**

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**Helping Children to Build Self Esteem**

**Monday 10th May: 1-2.30pm**

To book your place please email your **name, date of programme and phone number** to raminderdhaliwal.fss@sctsp.org.uk or

 text/phone with your **name, date of programme and email address** to 07741645691

Once you have booked onto you will be sent instructions on how to access the Workshop/Programme. 