



July 2026

Dear Parent/Carer,

The Department for Education has introduced updated guidance for Human Relationships and Sex Education (HRSE), which all schools must implement from September 2026. As part of our statutory duties, we are reviewing our HRSE curriculum and policy to ensure it is fully compliant, age appropriate, and reflective of the needs of our students helping them to stay safe, healthy and confident in their relationships whilst also ensuring that the updated curriculum and policy aligns with our Christian values and wider school ethos.

We are now entering the parent consultation phase, and we warmly invite you to share your views.

Why HRSE is important

Research consistently shows that high-quality HRSE:

- Supports good mental health and wellbeing
- Helps children understand their changing bodies
- Equips students to recognise safe and unsafe situations
- Reduces the risk of abuse by giving children accurate language and confidence
- Promotes respectful, healthy relationships
- Improves long-term academic and personal outcomes

From September 2026, our teaching will be delivered using Jigsaw's HRSE curriculum, a carefully structured, spiral programme that revisits key themes with increasing depth and maturity. Jigsaw's curriculum is fully aligned with the updated statutory guidance and includes clear guidance for teachers on vocabulary, safeguarding and sensitive topics.

Content has been developed with input from the Department of Health and Social Care, leading medical professionals and expert charities, to ensure a level of confidence knowing that resources are accurate and appropriate.

Working in Partnership with Parents

As always, we value our partnership with parents and carers. While the school is required to teach the statutory curriculum, we recognise the importance of working collaboratively so families feel

informed, reassured and confident about what is taught and when. To support this, our school website will include:

- Our approved HRSE Policy (September 2026)
- A summary of what all students should know by the end of secondary school
- Yearly HRSE Roadmap and curriculum overviews

We strongly encourage you to read these materials to support your understanding of the HRSE curriculum.

Right to withdraw

Parents have the right to withdraw their child from non-statutory sex education only.

Children cannot be withdrawn from:

- Relationships Education
- Health Education
- Science curriculum content

If you wish to discuss this further, please contact school via your child's Head of Year.

Invitation to Consultation

We value your partnership and want to ensure the curriculum reflects the needs of our community. You are invited to:

- Read the draft HRSE Policy (available on the website by mid-July 2026)
- Share any comments, questions or suggestions

If you would like to share feedback, please email rwhite@ctk.lancs.sch.uk and mark your message

FAO: HRSE Consultation.

All feedback received will be considered carefully before the policy is finalised for the next review point in September 2026, in line with statutory expectations.

Your input is important in helping us shape a curriculum that reflects our shared values and supports every child's development.

Thank you for your continued support.

Yours sincerely,



Mrs C. Jones
Headteacher