

	PSHE: LONG-TERM OVERVIEW — YEAR 7				
	Over the course of the academic year students will study the following*:				
	Celebrating Diversity & Equality	Health & Wellbeing	Relationships & Sex Education	Staying Safe Online and Offline	Rights, Responsibilities & British Values
	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:
Year 7	Identity, Nature vs nurture, The Equality Act, Breaking down stereotypes (gender and age), Multicultural Britain, Prejudice and discrimination, Islamophobia	Puberty- girls/boys, hygiene, assertiveness, consent, hormones, self-esteem and empowerment, basic first-aid	Consent and boundaries, Managing friendships /relationships, respect, being positive and self-esteem, peer-pressure and influence	Gangs, social networks, safety in gaming, alcohol, nicotine, Vaping, caffeine, knife crime	Politics and parliament, political parties, campaigning, debates, the Prime Minister
	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus
	Impact of stereotypes on career choices	Self-awareness and risk management	Wellbeing for aspirations and success at school and beyond	Risk management and impact	Careers within the justice And political system

	PSHE: LONG-TERM OVERVIEW — YEAR 8					
	Over the course of the academic year students will study the following*:					
	Celebrating Diversity & Equality	Relationships & Sex Education	Rights, Responsibilities & British Values	Staying Safe Online and Offline	Health & Wellbeing	Life Beyond School
	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:
Year 8	LGBT awareness, homophobia in society, supporting a friend, transphobia and coming out	Sexual orientation, gender identity, healthy relationships, dealing with conflict, introduction to contraception, periods and menstrual cycle	Decision making, criminal responsibility, laws, community cohesion, prison, reform and punishment	County Lines, Substance misuse, grooming, alcohol and society, cyber bullying, keeping safe online, fake news, radicalisation and prevent	Child Abuse, Types of Bullying & Responding to Bullying, Mental health, body image, healthy eating, stress	Enterprise skills, values, career interests, self-esteem, LMI (Labour market Information), employment sectors
	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus
	Diversity and equality of opportunity, diversity in the workplace	Importance of health & wellbeing and its potential to impact you in the long-term	Linking personal interests to potential career choice, local LMI, understanding different sectors	Risk management and impact on career choices within this area	Understanding that feeling confidence in who you are will improve self-esteem	Risk management and impact on career choices

	PSHE: LONG-TERM OVERVIEW — YEAR 9				
	Over the course of the academic year students will study the following*:				
	Staying Safe Online and Offline	Celebrating Diversity & Equality	Health & Wellbeing	Life Beyond School	Relationships & Sex Education
	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:
Year 9	Drug education classifications, cannabis, “party drugs,” volatile substance abuse, different types of addictions	LGBTQ+, diversity and discrimination	Body confidence, bullying, dealing with grief and loss, media and air-brushing, self-esteem, cancer prevention and healthy lifestyles, drugs and alcohol awareness	Failure and success, social media and online stress, First Aid, improving mental health, anger management, employment and financial management, saving money	Consent and the law, delaying sexual activity, relationships and partners, STI's, Treating STI's & Clinics, contraception, sexual harassment and stalking, HIV and AIDS- discrimination
	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus
	Risk management and impact on your future	Diversity and equality of opportunity, diversity in the workplace	Risk management and impact on your future	Thinking ahead- consequences of behavioural and financial decisions	A healthy/unhealthy relationship permeates all aspects of your life. The consequences of an abusive relationship can also affect your career and finances

\* Some content may be delivered as a part of an Extended Learning Day or through cross-curriculum links

	PSHE: LONG-TERM OVERVIEW — YEAR 10					
	Over the course of the academic year students will study the following*:					
	Celebrating Diversity & Equality	Health & Wellbeing	Rights, Responsibilities & British Values	Staying Safe Online and Offline	Relationships & Sex Education	Life Beyond School
	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:	Key Knowledge/Key skills:
Year 10	International Organisations, Aid and supporting other countries, Fairtrade, peace and War, Women’s rights, #metoo and “time’s up”	Child Sexual Abuse, Screen time, suicide, self-harm, common types of Mental Ill Health, Promoting emotional wellbeing	What is a cult? Human rights and their importance, balancing human rights, Britishness and British values	Honour based violence, forced marriage, online gambling, social media validation, keeping your data safe, causes of knife crime, modern day slavery	FGM, sexting, online pornography, domestic abuse and domestic violence, sexualisation of the media, unhealthy relationships, pornography and its impact on society	Financial skills, applying for jobs, interview skills, writing CVs and personal statements, careers talks.
	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus	Careers Link / Future Focus
	Diversity and equality of opportunity, diversity in the workplace Thinking ahead- consequences of behavioural and financial decisions	Importance of health & wellbeing and its potential to impact you in the long-term	Careers within the justice And political system	Thinking ahead- consequences of behavioural and financial decisions	A healthy/unhealthy relationship permeates all aspects of your life. The consequences of an abusive relationship can also affect your career and finances	Linking personal interests to potential career choice, local LMI, understanding different sectors

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