# CHRIST THE KING CATHOLIC HIGH SCHOOL NEWSLETTER - MARCH 2025

Dear Parents/Carers, it has certainly been a jam - packed month and it is hard to believe that the Easter holidays are already upon us. We hope you enjoy this edition of the newsletter. Don't forget you can follow our Facebook page as well by scanning the QR code here.



## HIGHLIGHTS FROM THIS HALF TERM

World Book Day, as written by our newsletter extra- curricular club!

This year, we celebrated World Book Day with lots of exciting activities! In Key Stage 3, we took part in DEAR (Drop Everything and Read), where we paused our lessons to enjoy a good book. Teachers joined in the fun by dressing up as characters from their favourite stories, adding to the excitement of the day. Students also received World Book Day coupons, which they can use to get a free book or a discount on their next read. It was a fantastic way to celebrate the joy of reading! *Meerab, Year9*.

#### Matilda the Musical for KS3 by Abram, Year 7

We rushed down the stairs, skipping to fourth period waiting patiently for what seemed like eternity! We interacted and talked to each other about how excited we were for the movie: Matilda. For a cost of 50p, it was such a great deal! We munched on crisps and chips and exited with smiles on our faces. It was such a great movie, and I would love to have more events like that!

#### World Book Day – by Nuhaa, Year 9

We give a massive congratulations to anyone who participated in the potato competition on World Book Day, but we especially congratulate the winners: 11A, 10K, 8A, 7R and 9G. All of those lucky forms listed were treated with a box of chocolates. On the topic of food, Mrs Tautuvicus and Mr Islam's wife both made a gorgeous World Book Day cake to celebrate the day, along with most of the members of staff dressing up as their favourite hero or villain. What a fantastic day!

#### THE LANCASTER DIOCESE CENTENARY STATUE TOUR

This year, the diocese of Lancaster is celebrating their centenary. As a part of these celebrations, we have hosted a statue of Our Lady of Lourdes, the patron of the diocese. Students and staff time spent reflecting offering prayers and petitions and creating beautiful artwork from her inspiration.





## **UPCOMING EVENTS**

**Year 7 Parents' Evening: Thursday 8th May** This parents' evening will be online, all details will be sent via Group Call.

Year 11 Blackpool Trip: Thursday 24th April GCSE examinations begin: Monday 12th May

#### **STATIONERY FOR SALE**

The office is stocked with pens, pencils and rulers for students to purchase at a very reasonable price. Please ensure that students are fully equipped for learning every day.

#### **POLITE NOTICE**

Where possible, please can routine medical appointments, such as the opticians or the dentist, be arranged outside of school hours.

#### **EDUCATIONAL VISITS!**

Educational visits are a wonderful way to bring the learning in classrooms to life. This half term all Year 7 students visited The Blue Planet Aquarium as a part of enrichment day. They thoroughly enjoyed walking through the tunnels of the aquarium, saw sharks and stingrays being fed and enjoyed a classroom session covering the topic of plastic in the ocean.

Students in Year 7, 8 and 9 have also been to see the play of 'Mice and Men' at the Octagon theatre in Bolton, a book which they study as a part of their course.

Year 10 students have also entered a science competition at Preston College and some Year 10 students have also attended a Higher Education Event at Cardinal Newman College where they completed taster lessons in A-level subjects. Students fully engaged in the taster sessions and embraced the opportunity to experience college life.

In addition, Year 11 history students have visited Lancaster Castle as a part of their preparation for the GCSE history examination.



## **COUNTDOWN TO YEAR 11 GCSE EXAMINATIONS**

As exams approach, small consistent habits can make a big difference. Parents can play a key role in supporting students to manage stress, stay focused and build healthy routines. A few simple strategies can really help:

- Set up a distraction-free study space
- Turn off notifications and limit phone use during revision time to reduce distractions
- Try the "Don't Break the Chain" method: mark off each day your child revises or completes a goal to build momentum
- Encourage regular review of topics little and often is more effective than cramming
- · Break tasks into smaller chunks to make studying feel less overwhelming
- Support their well being by encouraging exercise, fresh air, a good sleep routine with at least 8-10 hours sleep per night, a healthy balanced diet and a calm environment

Your support, encouragement and presence can make all the difference. Small daily actions from you can help your child feel confident, capable and cared for during this important time.

#### A MESSAGE FROM MR. CORLESS

Dear parents/carers, as a school we continue to think about and pray for the innocent people caught up in the continuing conflicts in Gaza and Ukraine. In addition, we also remember all the victims of the terrible earthquake in South East Asia recently and hope that during this season of Lent, God will always find a way to break through and we ask Our Lord to shine a light into the many families affected by these terrible tragedies.

Our new term will begin on **Tuesday 22 April at 8.40am** for all year groups. God bless,

**Mr** Corless

An Easter reflection Dear Lord,

We praise you in this Easter season. Change our lives, change our hearts to be messengers of Easter joy and hope for all the world. We make our prayer through Jesus Christ, our risen Lord forever and ever.

Amen.

