

PROGRESS TEST HANDBOOK

YEAR 8 - 2023/2024 - SUMMER TERM



Name:

WHY DO WE DO PROGRESS TESTS?

- Teachers can find out more about you and your learning
- To see if you are on the right track in your lessons
- To identify any areas for development you may have in a subject – so that you can improve!
- So you can develop healthy home study habits

TO MAKE SURE YOU ARE READY TO SUCCEED WITH YOUR TESTS IN LESSONS YOU NEED TO CHECK:

- WHEN the test is
- WHAT the test will cover
- HOW you can prepare yourself for it

YOU MAY NEED TO COMPLETE THESE TIMETABLES WITH YOUR TEACHERS

	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June
Period 1			8g Computing		
Period 2			8i Computing		8c D/T, Food & Textiles
Period 3			8d Computing	8a Computing	8h Computing
Period 4					8s DT, Food, Textiles 8h French (W) 8h Spanish (W)
Period 5		8b & 8c Computing	English		8e & 8f Computing

	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June
Period 1	8c French (W) 8c Spanish (W)			
Period 2		8h French (L&R) 8h Spanish (L&R)		Maths Extension Paper - 8Ma1/2 only
Period 3			8s Spanish (W)	8s French (L&R) 8s Spanish (L&R)
Period 4		8c French (L&R) 8c Spanish (L&R)		
Period 5	Maths			Science

(L) Listening (R) Reading (W) Writing

SCAN
TO OPEN
THE HOME
LEARNING
SHAREPOINT



HOME STUDY

This half term you will complete home study. Instead of completing home study tasks the focus is on you to make sure that you are completing independent revision and preparation for your Progress Tests.

How long should I spend?

- We recommend that you set yourself a regular time slot to complete home learning and/or home study.
- We would recommend 1 to 1 ½ hours, two to four times a week.
- Home study could be straight after school at Homework Club, at home after your evening meal or at a weekend.
- Set times that work best for you around your other hobbies and activities out of school.
- Relax before a sensible bedtime – read a book to escape and wind down to get a good night's sleep!

How do I get started?

- Start with a plan: Think about how many subjects you have to study for and try to map out how you will prepare for each subject leading up to the test.
- Check what you need to prepare: Your teachers will give you guidance on what to prepare for; use these topics as a starting point for Home Study.

How do I find revision materials?

- Log on to Teams and revise using the tasks that have been assigned to you.
- Use your exercise books to look over the topics that you have covered in lessons and study the information.
- Use revision guides or textbooks to help you prepare for progress tests. Your teachers will have these and the library will have lots to borrow.
- Find and read information that will help you to complete the progress tests; remember to use credible sources of information.

Some useful tips to develop your healthy study habits:

- Don't leave your study too late as cramming for exams isn't a healthy habit.
- Do your home study in a quiet area so you can concentrate.
- Be flexible during exams – don't try and do too much!
- If you start to feel nervous or stressed, stop, and talk to someone.
- Eat well and get enough sleep.
- Exercise – this REALLY helps you feel better!
- Make time for treats.
- Don't put too much pressure on yourself. Remember the point of the assessment is so that you and your teacher can see what areas for development you have in a subject – so that you can improve!

IF YOU ARE UNSURE ABOUT YOUR TESTS – SPEAK TO YOUR TEACHER BEFORE THE PROGRESS TEST, THEY MIGHT HAVE SOME GREAT TIPS AND ADVICE.

THE KEYS TO REVISION SUCCESS

At CHS South we recognise that all brains work differently and that you might need to try different methods of revision before you find the right fit for you. Below are some examples of tried and tested methods that we have successfully used with students at CHS South. Work your way through them and see which method/s help you to retain the most information!



Ask A Friend



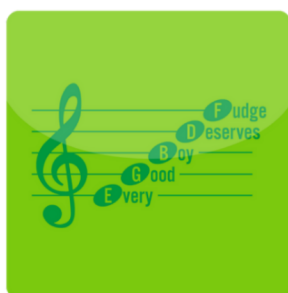
Learn Online



Memorising



Mind Mapping



Mnemonics & Rhymes



Past Papers



Revision Cards



Revision Plan



Visualisation

Visualisation: Create a picture in your mind that represents the topic you are trying to remember. Try to use images and symbols to help you recall that information later.

Ask a friend: Communicate with friends about topics you are not sure about. You can create study groups and support each other.

Revision Plan: Revision planning is a good way to help make sure that you structure time appropriately and balance out the different topics you have to learn.

Mnemonics & Rhymes: Create these to break down long pieces of information into smaller memorable chunks; you can then recall these in an assessment.

LOL (Learn online): Use the internet to find information you are not sure on. You could also use Microsoft TEAMS to support your learning.

Revision Cards: Create revision cards which break down pieces of information into small topics you can prepare for.

Memorising: Try to memorise information, a good technique for this is to use repetition. Repeat information 3 times in your mind to help it stick in.

Mind Mapping: Creating a mind map can take a large topic and break it down into smaller sections which are manageable for you to remember.

Past Papers: Practice by using past test papers to help check your ability to answer test/exam questions; cross check your answers against a mark scheme.

HOME STUDY PLAN

In order to be ready for progress tests you need to prepare for them. Use the timetables below to map out your own home study schedule in the run up to the tests taking place in school. Consider what tests you have and when they will be; once you have done this you can map out your home study time. Here is a suggested timetable but adapt it to your own commitments.

	Monday 3rd June	Tuesday 4th June	Wednesday 5th June	Thursday 6th June	Friday 7th June	Saturday 8th June	Sunday 9th June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

	Monday 10th June	Tuesday 11th June	Wednesday 12th June	Thursday 13th June	Friday 14th June	Saturday 15th June	Sunday 16th June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June	Saturday 22nd June	Sunday 23rd June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							




	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June	Friday 28th June	Saturday 29th June	Sunday 30th June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							







PREPARATION FOR STUDENTS







Progress Tests - Summer Term - 2023/2024



Look at the information below and use it to prepare for your Progress Test. Your teachers have given you a list of topics to revise and study and suggested where you can go to search for that information.

Remember: In your class teams on Microsoft TEAMS you can find all of your lessons in the Home Learning tab. This will also help you prepare. There might also be additional revision materials there for you also.

YEAR 8	Progress Tests Format <ul style="list-style-type: none"> • Duration • Format for test • Available Marks 	Key revision topics for students What do students need to learn to be ready for this Progress Test?	Sources of information for home learning (Above and beyond Microsoft TEAMS) Where can students find access to information to help them prepare for their progress test?
English 	Duration: 50 Minutes Format: Analytical response - aim to write 2 SQI paragraphs Marks available: 15	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • Knowledge of the play 'Julius Caesar'. You need to understand the key characters, themes and context. • You need to know how to explore and zoom in on a quotation, making sure you zoom in on ASMAPS (Alliteration, Simile, Metaphor, Adjectives, Personification, Senses) and conventions of a play such as stage directions. 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • To complete you Progress Test Revision booklet. • To use your English book and make mind maps of the key moments in the play, key characters and their importance, key quotations. • To watch important plot and character summaries: <ul style="list-style-type: none"> ◦ https://www.youtube.com/watch?v=0otnV6SmjiQ ◦ https://www.youtube.com/watch?v=kgyAPrv30eg • Complete the practice questions in your Progress Test booklet and give these to your teacher to mark. • Complete your Bedrock Vocabulary homework on the website https://app.bedrocklearning.org/
Maths 	Duration: 45 Minutes Format: Written Calculator Marks available: 42	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • Standard Form • Angles in Polygons & Parallel Lines • Circles • Percentages • Ratio • Fractions • Equations/Expressions 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • Sparx Maths - See revision list on teams • Exercise book - Knowledge organisers and guided learning • BBC Bitesize KS3 Maths: https://www.bbc.co.uk/bitesize/subjects/zs2sf82
Science 	Duration: 1 Hour Format: Past paper exam questions from SATs Marks available:	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • Inheritance and adaptation • Selective breeding • Evolution • Genetics • Properties of longitudinal and transverse waves • Reflection and refraction of light • Calculating wave speed and frequency 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • Homework booklet. This will be given out to support students alongside knowledge organisers

French 	Duration: 45 Minutes Format: Reading & Listening Marks available: 60	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • Hobbies • My family and friends • TV, cinema and music • Food and drink 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • Teams • Language Nut
Spanish 	Duration: 2x 45 Minutes Format: Reading & Listening Writing Marks available: 2x 60	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • My family and what we look like • TV, cinema and music • Food and drink • Holidays • Clothes and going out 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • Teams • Language Nut
Geography 	Duration: 35 Minutes Format: 20 Knowledge Recall and 2 extended written answers Marks available: 30	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • Earth structure • Plate boundaries • Volcanoes - Composite and Shield • Haiti Earthquake • Population Growth • Development • Ways of measuring development • The development gap • Climate Change • Glaciation 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • Teams Lessons • Exercise book
History 	Duration: 35 Minutes Format: Written Marks available: 30	The key topics that will be covered in this classroom Progress Tests Assessment will be: Autumn: <ul style="list-style-type: none"> • Age of Exploration • The Slave Trade Spring: <ul style="list-style-type: none"> • British Empire • Industrial Revolution Summer: <ul style="list-style-type: none"> • World War One 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • Lessons on Teams • Exercise book • Knowledge organiser
RE 	Duration: 50 Minutes Format: Written- multiple choice, short answers and extended answers Marks available: 36	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • Islam • Arguments for and against the existence of God • The problem of evil and suffering 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • Teams • Exercise book • Online resources
Art 	Duration: 50 Minutes Format: Observational Drawing	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> • The task will be an observational drawing with pencil tone • The theme will be eyes based upon the artist My Dog Sighs 	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> • YouTube tutorials • BBC Bitesize Observational drawing • Check Teams for practice resources

<p>Computing</p> 	<p>Duration: 1 Hour</p> <p>Format: Multiple Choice and Written Exam Questions</p> <p>Marks available: 60</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> Developing the Web – HTML, displaying images, CSS, Searching the web Data Representation – Binary, Denary, Characters Computer Systems - Computer Hardware, Software, Operating System Vector Graphics – Creating shapes, Paths, Path nodes, converting shapes. Python Programming– variables, input, print, selection (if/else) 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> Teams Knowledge Organisers BBC Bitesize - https://www.bbc.co.uk/bitesize/subjects/zvc9q6f Oak National Academy - https://classroom.thenational.academy/subjects-by-key-stage/key-stage-3/subjects/computing
<p>Dance</p> 	<p>Duration: 2 Lessons</p> <p>Format: Dance</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> A range of dance actions in your work e.g. travel, turn, jump, roll, use of different body parts, gestures. A range of spatial content in your work e.g. pathways, levels, directions, size of movement, patterns A range of dynamics in your work e.g. speed (fast/slow), strength (strong/light), or flow (flowing/abrupt or sudden/sustained) A range of different relationships in your work e.g. contact, formations, duets, mirroring A range of choreographic devices/links to intention e.g. unison, canon, repetition and motif and development 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> How to respond to a Stimulus
<p>Drama</p> 	<p>Duration: 2 Lessons</p> <p>Format: Performance</p> <p>Marks available: 20 (5 per section)</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> Acting Techniques Collaboration and Teamwork Creativity Evaluation 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> Shakespeare Macbeth Lambic Pentameter Exaggerated physicality
<p>Design and Technology</p> 	<p>Duration: 1 Hour</p> <p>Format: Multiple choice, written and designing</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> Properties of materials Polymers and Timbers Isometric Drawing Tools and Equipment CAD CAM ACCESSFM Design Specification 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> Teams Exercise Book BBC Bitesize - https://www.bbc.co.uk/bitesize/learn
<p>Textiles</p> 	<p>Duration: 45 Minutes</p> <p>Format: Multiple choice questions Written questions</p> <p>Marks available: 40</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> Fibres Fairtrade Sustainability (Fast Fashion) 6 R's Product Life cycle Decorative Techniques Hems and Seams Zare label symbols Fabric Constructions 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> Teams Books BBC Bitesize - https://www.bbc.co.uk/bitesize/guides/zfr3rwx/re-vision/1
<p>Food Preparation and Nutrition</p> 	<p>Duration: 45 Minutes</p> <p>Format: Multiple choice Extended questions</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> Making healthy food choices Function of ingredients when making bread Food safety and hygiene Factors effecting food choice Function of ingredients in a sauce 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> Knowledge organiser on Teams Exercise book

<p>Music</p> 	<p>Duration: 40 Minutes</p> <p>Format: Written</p> <p>Marks: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> • Identifying instruments • Film Music • Ornamentation • Playing Techniques • The Elements of Music (Pitch, Tempo, Texture, Tonality, Dynamics) • Music from around the World • Melodic Devices • Tempo • Families of the Orchestra • Chord Development Techniques • Notes on the treble and bass clef • Pop Music from the Decades • Time Signatures 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> • Knowledge Organiser found on Teams • YouTube to listen to instruments and different ornaments
<p>PE</p> 	<p>Duration: 2 Hours</p> <p>Format: Practical</p> <p>Marks available: 15</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>Skill acquisition in:</p> <ul style="list-style-type: none"> • Athletics - track and field • Striking and fielding- cricket rounders or softball 	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> • To attend after school enrichment activities to improve your skills in isolation, under pressure and in a game