

# PROGRESS TEST HANDBOOK

YEAR 9 - 2023/2024 - SPRING TERM



Name:

## WHY DO WE DO PROGRESS TESTS?

- Teachers can find out more about you and your learning
- To see if you are on the right track in your lessons
- To identify any areas for development you may have in a subject – so that you can improve!
- So you can develop healthy home study habits

## TO MAKE SURE YOU ARE READY TO SUCCEED WITH YOU TESTS IN LESSONS YOU NEED TO CHECK:

- WHEN the test is
- WHAT the test will cover
- HOW you can prepare yourself for it

## YOU MAY NEED TO COMPLETE THESE TIMETABLES WITH YOUR TEACHERS

	Monday 15th January	Tuesday 16th January	Wednesday 17th January	Thursday 18th January	Friday 19th January
Period 1	Maths		Science		
Period 2					
Period 3					
Period 4					
Period 5	English				

	Monday 22nd January	Tuesday 23rd January	Wednesday 24th January	Thursday 25th January	Friday 26th January
Period 1					
Period 2					
Period 3					
Period 4					
Period 5					

# HOME STUDY

This half term you will complete home study. Instead of completing home study tasks the focus is on you to make sure that you are completing independent revision and preparation for your Progress Tests.

## How long should I spend?

- We recommend that you set yourself a regular time slot to complete home learning and/or home study.
- We would recommend 1 to 1 ½ hours, two to four times a week.
- Home study could be straight after school at Homework Club, at home after your evening meal or at a weekend.
- Set times that work best for you around your other hobbies and activities out of school.
- Relax before a sensible bedtime – read a book to escape and wind down to get a good night's sleep!

## How do I get started?

- Start with a plan: Think about how many subjects you have to study for and try to map out how you will prepare for each subject leading up to the test.
- Check what you need to prepare: Your teachers will give you guidance on what to prepare for; use these topics as a starting point for Home Study.

## How do I find revision materials?

- Log on to Teams and revise using the tasks that have been assigned to you.
- Use your exercise books to look over the topics that you have covered in lessons and study the information.
- Use revision guides or textbooks to help you prepare for progress tests. Your teachers will have these and the library will have lots to borrow.
- Find and read information that will help you to complete the progress tests; remember to use credible sources of information.

## Some useful tips to develop your healthy study habits:

- Don't leave your study too late as cramming for exams isn't a healthy habit.
- Do your home study in a quiet area so you can concentrate.
- Be flexible during exams – don't try and do too much!
- If you start to feel nervous or stressed, stop, and talk to someone.
- Eat well and get enough sleep.
- Exercise – this REALLY helps you feel better!
- Make time for treats.
- Don't put too much pressure on yourself. Remember the point of the assessment is so that you and your teacher can see what areas for development you have in a subject – so that you can improve!

**IF YOU ARE UNSURE ABOUT YOUR TESTS – SPEAK TO YOUR TEACHER BEFORE THE PROGRESS TEST, THEY MIGHT HAVE SOME GREAT TIPS AND ADVICE.**

# THE KEYS TO REVISION SUCCESS

At CHS South we recognise that all brains work differently and that you might need to try different methods of revision before you find the right fit for you. Below are some examples of tried and tested methods that we have successfully used with students at CHS South. Work your way through them and see which method/s help you to retain the most information!



Ask a friend



LOL



Memorising



Mind Mapping



Mnemonics & Rhymes



Past Papers



Revision Cards



Revision Plan



Visualisation

**Visualisation:** Create a picture in your mind that represents the topic you are trying to remember. Try to use images and symbols to help you recall that information later.

**Ask a friend:** Communicate with friends about topics you are not sure about. You can create study groups and support each other.

**Revision Plan:** Revision planning is a good way to help make sure that you structure time appropriately and balance out the different topics you have to learn.

**Mnemonics & Rhymes:** Create these to break down long pieces of information into smaller memorable chunks; you can then recall these in an assessment.

**LOL (Learn online):** Use the internet to find information you are not sure on. You could also use Microsoft TEAMS to support your learning.

**Revision Cards:** Create revision cards which break down pieces of information into small topics you can prepare for.

**Memorising:** Try to memorise information, a good technique for this is to use repetition. Repeat information 3 times in your mind to help it stick in.

**Mind Mapping:** Creating a mind map can take a large topic and break it down into smaller sections which are manageable for you to remember.

**Past Papers:** Practice by using past test papers to help check your ability to answer test/exam questions; cross check your answers against a mark scheme.

# HOME STUDY PLAN

In order to be ready for progress tests you need to prepare for them. Use the timetables below to map out your own home study schedule in the run up to the tests taking place in school. Consider what tests you have and when they will be; once you have done this you can map out your home study time. Here is a suggested timetable but adapt it to your own commitments.

Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

# PREPARATION FOR STUDENTS

## Progress Tests - Spring Term - 2023/2024

Look at the information below and use it to prepare for your Progress Test. Your teachers have given you a list of topics to revise and study and suggested where you can go to search for that information.

Remember: In your class teams on Microsoft TEAMS you can find all of your lessons in the Home Learning tab. This will also help you prepare. There might also be additional revision materials there for you also.

<b>YEAR</b>  <b>9</b>	<b>Progress Tests Format</b> <ul style="list-style-type: none"> <li>• Duration</li> <li>• Format for test</li> <li>• Available Marks</li> </ul>	<b>Key revision topics for students</b>  <b>What do students need to learn to be ready for this Progress Test?</b>	<b>Sources of information for home learning</b> (Above and beyond Microsoft TEAMS)  <b>Where can students find access to information to help them prepare for their progress test?</b>
<b>English</b>	Duration: 50 Minutes  Format: Written Examination  Marks available: 50	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> <li>• To write discursively arguing your point of view in relation to a topic studied in class</li> <li>• To know how to write in the style of a letter, speech or article</li> <li>• To use DR SCREAM and persuasive techniques for effect</li> </ul>	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> <li>• Revising DR SCREAM</li> <li>• Deconstructing different styles of writing such as letters, speeches and articles and reconstructing these styles with own content</li> <li>• GCSE Bitesize</li> <li>• TEAMS resources</li> <li>• Progress Test preparation material</li> </ul>
<b>Maths</b>	Duration: 1 Hour 30 Minutes  Format: Written Examination  Marks available: 110	The key topics that will be covered in this classroom Progress Tests Assessment will be: Students will complete a calculator paper and be tested on a variety of topic learnt, including: <ul style="list-style-type: none"> <li>• FDP</li> <li>• Indices</li> <li>• Solving Equations</li> <li>• Angles in parallel lines</li> <li>• Expand brackets</li> <li>• Averages</li> <li>• Forming and solving</li> <li>• Percentages</li> <li>• Simultaneous equations</li> </ul> Students will be required to bring their own calculator into school.	The revision resources for this Progress Tests assessment are: Sparx Maths - Clip numbers are detailed below: FDP - 149 Indices - 105, 106 Solving Equations - 182 - 186 Angles in parallel lines - 481,483 Expand brackets - 160 - 163 Averages - 405, 409, 410 Forming and solving - 176 Percentages - 85, 86 Simultaneous equations - 190-193
<b>Science</b>	Duration: 50 Minutes  Format: Written Examination  Marks available: Foundation - 56 Higher - 60	The key topics that will be covered in this classroom Progress Tests Assessment will be: <ul style="list-style-type: none"> <li>• Energy stores and transfers.</li> <li>• Energy calculations (elastic, gravitational, kinetic).</li> <li>• Renewable and non-renewable energy sources.</li> <li>• Power generation and the national grid.</li> <li>• Cells (structure and function)</li> <li>• Stem cells</li> <li>• Specialised cells</li> <li>• Diffusion / osmosis</li> <li>• Respiration (aerobic and anaerobic)</li> <li>• Microscopy</li> </ul>	The revision resources for this Progress Tests assessment are: <ul style="list-style-type: none"> <li>• Teams</li> <li>• BBC Bitesize</li> <li>• SharePoint</li> <li>• Revision booklet given out in class</li> </ul> (all resources and links to exams will be shared in class in the last week of term)

<p><b>French</b></p>	<p>Duration: 60 Minutes</p> <p>Format: Listening, Reading, Translation</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Holidays</li> <li>• The past tense (preterite)</li> <li>• Different methods of travel</li> <li>• Where you live</li> <li>• What's in your town</li> <li>• The near future tense</li> <li>• The weather</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams for lessons</li> <li>• Language nut for practice and homework</li> <li>• All logins for language nut are on teams in the year group team</li> </ul>
<p><b>Spanish</b></p>	<p>Duration: 60 Minutes</p> <p>Format: Listening, Reading, Translation</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• My free time activities</li> <li>• The future tense</li> <li>• The cinema</li> <li>• School subjects and opinions</li> <li>• School facilities</li> <li>• Uniform</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams for lessons</li> <li>• Language nut for practice and homework</li> <li>• All logins for language nut are on teams in the year group team</li> </ul>
<p><b>Geography</b></p>	<p>Duration: 45 Minutes</p> <p>Format: 20 x 1 mark questions 2 x 2 mark questions 1 x 3 mark question 1 x 6 mark question</p> <p>Marks available: 33</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>Weather hazards</p> <ul style="list-style-type: none"> <li>• Climate change and extreme weather</li> <li>• Beast from the East</li> <li>• Tropical storms</li> <li>• Hurricane Katrina</li> <li>• Mitigation</li> <li>• Who is most affected?</li> </ul> <p>Urbanisation</p> <ul style="list-style-type: none"> <li>• History of cities</li> <li>• Counter urbanisation</li> <li>• OS maps of urban environments</li> <li>• Megacities</li> <li>• Migration trends</li> <li>• Informal settlements</li> <li>• Fieldwork skills</li> <li>• Cities of the future</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• TEAMS lessons</li> <li>• Books</li> </ul>
<p><b>History</b></p>	<p>Duration: 40 Minutes</p> <p>Format: Multiple choice and explain</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>Autumn 1:</p> <ul style="list-style-type: none"> <li>• The Second World War</li> </ul> <p>Autumn 2:</p> <ul style="list-style-type: none"> <li>• The Holocaust</li> <li>• The causes of the partition of Israel and Palestine</li> <li>• The Israeli-Palestinian conflict 1947-2000</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Books</li> <li>• Knowledge Organiser (to be shared Spr1)</li> </ul>
<p><b>RE</b></p>	<p>Duration: 30 Minutes</p> <p>Format: Multiple choice and extended answers</p> <p>Marks available: 40</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>Religion and Science</p> <ul style="list-style-type: none"> <li>• Origins of the Universe</li> <li>• Genesis and Evolution</li> <li>• Genesis and Gender</li> <li>• Literal and Non-literal Responses</li> <li>• Alternative Creation Stories</li> </ul> <p>Philosophy of Religion</p> <ul style="list-style-type: none"> <li>• Plato</li> <li>• Confucius</li> <li>• Aquinas</li> <li>• Descartes</li> <li>• Hume and Marx</li> <li>• Making Moral Decisions</li> <li>• Our Experience of the World</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Books</li> <li>• Knowledge Organiser</li> </ul>
<p><b>Art</b></p>	<p>Duration: 2 Hours</p> <p>Format: Observational Drawing</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Observational drawing skills and practical design challenge summarising the terms work with a personal response</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• <a href="https://www.bbc.co.uk/bitesize/guides/zpq3pbk/revision/">https://www.bbc.co.uk/bitesize/guides/zpq3pbk/revision/</a></li> </ul>

<p><b>Photography</b></p>	<p>Duration: 2 Hours</p> <p>Format: Practical and Written</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Final outcome edited image exploring different photoshop and camera techniques</li> <li>• Written test on camera knowledge</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• All lessons available on teams</li> <li>• E books available on Teams</li> </ul>
<p><b>Computing</b></p>	<p>Duration: 1 Hour</p> <p>Format: Multiple Choice and written questions</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Python Programming</li> <li>• Data Science and Analysing Data</li> <li>• Cybersecurity –Hacking, Malware, Social Engineering, Prevention methods</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Knowledge Organisers</li> <li>• Books</li> <li>• W3 Resources - <a href="https://www.w3resource.com/python-exercises/">https://www.w3resource.com/python-exercises/</a></li> </ul>
<p><b>Dance</b></p>	<p>Duration: 1 Hour</p> <p>Format: Practical</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>Responding to a set stimulus and creative use of:</p> <ul style="list-style-type: none"> <li>• Actions</li> <li>• Space</li> <li>• Dynamics</li> <li>• Relationships</li> <li>• Choreographic Devices</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Look up key vocabulary on teams</li> </ul>
<p><b>Drama</b></p>	<p>Duration: 2 Hours</p> <p>Format: Half Blood Brothers questions, Half performance</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>You will be marked on your performance of Blood Brothers and your Blood Brothers knowledge. Revise:</p> <ul style="list-style-type: none"> <li>• Blood Brothers Context</li> <li>• Blood Brothers Plot</li> <li>• SAVAMETPPPPGBF key words</li> </ul> <p>Performance skills:</p> <ul style="list-style-type: none"> <li>• Physical – Gesture, Posture, Facial Expression, Body Language</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Practise vocal – Pace, Pitch, Pace, Volume, Emphasis Learn lines for performance</li> </ul>
<p><b>Design and Technology</b></p>	<p>Duration: 1 Hour</p> <p>Format: Multiple choice, written question and designing</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Input</li> <li>• Output</li> <li>• Process</li> <li>• Resistor</li> <li>• LED (light emitting diode)</li> <li>• Thermistor</li> <li>• Circuit</li> <li>• Soldering</li> <li>• Template</li> <li>• Tolerance</li> <li>• Quality control</li> <li>• Vacuum forming</li> <li>• Manufacturing plan</li> <li>• Stock form</li> <li>• Fibres</li> <li>• Textile constructions</li> <li>• Care labels</li> <li>• Decorative Techniques</li> <li>• Sewing machine</li> <li>• Health and safety</li> <li>• Hems</li> <li>• Seams</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Knowledge organisers</li> <li>• Revision books</li> <li>• BBC bitesize</li> <li>• Books</li> </ul>
<p><b>Food Preparation and Nutrition</b></p>	<p>Duration: 1 Hour</p> <p>Format: Written</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Eat well guide</li> <li>• Nutritional analysis</li> <li>• Energy balance</li> <li>• Dietary requirements</li> <li>• Food provenance</li> <li>• Food certification and assurance schemes</li> <li>• Intensive farming and food miles</li> <li>• Function of ingredients</li> <li>• Food labelling</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams lessons</li> <li>• Books</li> <li>• Revision</li> <li>• Knowledge organisers</li> <li>• BBC Bitesize</li> <li>• Flash cards</li> </ul>

<p><b>Music</b></p>	<p>Duration: 1 Hour</p> <p>Format: Written and Listening</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Key usical elements of Pop music and EDM music e.g. melody, harmony, structure instrumental and rhythm</li> <li>• Band lab knowledge</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• During class on teams books.</li> </ul>
<p><b>PE</b></p>	<p>Duration: 1 Hour</p> <p>Format: Practical</p> <p>Marks available: 14</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Practical skills , please visit teams "knowledge organisers "your topics.</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams for knowledge organisers</li> <li>• Extracurricular clubs</li> </ul>