

# PROGRESS TEST HANDBOOK

YEAR 9 - 2023/2024 - SUMMER TERM



Name:

## WHY DO WE DO PROGRESS TESTS?

- Teachers can find out more about you and your learning
- To see if you are on the right track in your lessons
- To identify any areas for development you may have in a subject – so that you can improve!
- So you can develop [healthy home study habits](#)

## TO MAKE SURE YOU ARE READY TO SUCCEED WITH YOUR TESTS IN LESSONS YOU NEED TO CHECK:

- WHEN the test is
- WHAT the test will cover
- HOW you can prepare yourself for it

## YOU MAY NEED TO COMPLETE THESE TIMETABLES WITH YOUR TEACHERS

	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June
Period 1	Maths	9c Computing		9h Computing	
Period 2	Maths	9c D/T, Food & Textiles		9h D/T, Food & Textiles	9h French (W) 9h Spanish (W)
Period 3	9s Computing				9c French (W) 9c Spanish (W)
Period 4	9s D/T, Food & Textiles				
Period 5				English	9s French (W) 9s Spanish (W)

	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June
Period 1				
Period 2			9s French (L&R) 9s Spanish (L&R)	
Period 3	9c French (L&R) 9c Spanish (L&R)			
Period 4		Science		
Period 5		9h French (L&R) 9h Spanish (L&R)		

(L) Listening (R) Reading (W) Writing

**SCAN**  
TO OPEN  
THE HOME  
LEARNING  
SHAREPOINT



# HOME STUDY

This half term you will complete home study. Instead of completing home study tasks the focus is on you to make sure that you are completing independent revision and preparation for your Progress Tests.

## How long should I spend?

- We recommend that you set yourself a regular time slot to complete home learning and/or home study.
- We would recommend 1 to 1 ½ hours, two to four times a week.
- Home study could be straight after school at Homework Club, at home after your evening meal or at a weekend.
- Set times that work best for you around your other hobbies and activities out of school.
- Relax before a sensible bedtime – read a book to escape and wind down to get a good night's sleep!

## How do I get started?

- Start with a plan: Think about how many subjects you have to study for and try to map out how you will prepare for each subject leading up to the test.
- Check what you need to prepare: Your teachers will give you guidance on what to prepare for; use these topics as a starting point for Home Study.

## How do I find revision materials?

- Log on to Teams and revise using the tasks that have been assigned to you.
- Use your exercise books to look over the topics that you have covered in lessons and study the information.
- Use revision guides or textbooks to help you prepare for progress tests. Your teachers will have these and the library will have lots to borrow.
- Find and read information that will help you to complete the progress tests; remember to use credible sources of information.

## Some useful tips to develop your healthy study habits:

- Don't leave your study too late as cramming for exams isn't a healthy habit.
- Do your home study in a quiet area so you can concentrate.
- Be flexible during exams – don't try and do too much!
- If you start to feel nervous or stressed, stop, and talk to someone.
- Eat well and get enough sleep.
- Exercise – this REALLY helps you feel better!
- Make time for treats.
- Don't put too much pressure on yourself. Remember the point of the assessment is so that you and your teacher can see what areas for development you have in a subject – so that you can improve!

**IF YOU ARE UNSURE ABOUT YOUR TESTS – SPEAK TO YOUR TEACHER BEFORE THE PROGRESS TEST, THEY MIGHT HAVE SOME GREAT TIPS AND ADVICE.**

# THE KEYS TO REVISION SUCCESS

At CHS South we recognise that all brains work differently and that you might need to try different methods of revision before you find the right fit for you. Below are some examples of tried and tested methods that we have successfully used with students at CHS South. Work your way through them and see which method/s help you to retain the most information!



Ask A Friend



Learn Online



Memorising



Mind Mapping



Mnemonics & Rhymes



Past Papers



Revision Cards



Revision Plan



Visualisation

**Visualisation:** Create a picture in your mind that represents the topic you are trying to remember. Try to use images and symbols to help you recall that information later.

**Ask a friend:** Communicate with friends about topics you are not sure about. You can create study groups and support each other.

**Revision Plan:** Revision planning is a good way to help make sure that you structure time appropriately and balance out the different topics you have to learn.

**Mnemonics & Rhymes:** Create these to break down long pieces of information into smaller memorable chunks; you can then recall these in an assessment.

**LOL (Learn online):** Use the internet to find information you are not sure on. You could also use Microsoft TEAMS to support your learning.

**Revision Cards:** Create revision cards which break down pieces of information into small topics you can prepare for.

**Memorising:** Try to memorise information, a good technique for this is to use repetition. Repeat information 3 times in your mind to help it stick in.

**Mind Mapping:** Creating a mind map can take a large topic and break it down into smaller sections which are manageable for you to remember.

**Past Papers:** Practice by using past test papers to help check your ability to answer test/exam questions; cross check your answers against a mark scheme.

# HOME STUDY PLAN

In order to be ready for progress tests you need to prepare for them. Use the timetables below to map out your own home study schedule in the run up to the tests taking place in school. Consider what tests you have and when they will be; once you have done this you can map out your home study time. Here is a suggested timetable but adapt it to your own commitments.

	Monday 3rd June	Tuesday 4th June	Wednesday 5th June	Thursday 6th June	Friday 7th June	Saturday 8th June	Sunday 9th June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

	Monday 10th June	Tuesday 11th June	Wednesday 12th June	Thursday 13th June	Friday 14th June	Saturday 15th June	Sunday 16th June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							

	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June	Saturday 22nd June	Sunday 23rd June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							




	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June	Friday 28th June	Saturday 29th June	Sunday 30th June
Home Study Session 1							
Home Study Session 2							
Home Study Session 3							








# PREPARATION FOR STUDENTS







## Progress Tests - Summer Term - 2023/2024



Look at the information below and use it to prepare for your Progress Test. Your teachers have given you a list of topics to revise and study and suggested where you can go to search for that information.

Remember: In your class teams on Microsoft TEAMS you can find all of your lessons in the Home Learning tab. This will also help you prepare. There might also be additional revision materials there for you also.

<p><b>YEAR</b></p> <p><b>9</b></p>	<p>Progress Tests Format</p> <ul style="list-style-type: none"> <li>• Duration</li> <li>• Format for test</li> <li>• Available Marks</li> </ul>	<p>Key revision topics for students</p> <p>What do students need to learn to be ready for this Progress Test?</p>	<p>Sources of information for home learning (Above and beyond Microsoft TEAMS)</p> <p>Where can students find access to information to help them prepare for their progress test?</p>
<p><b>English</b></p> 	<p>Duration: 50 Minutes</p> <p>Format: Discursive Writing</p> <p>Marks available: 15</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• To recall knowledge on the writer's craft and intentional use of rhetoric (speaking persuasively)</li> <li>• To show an ability to identify and correct spelling, punctuation and grammar errors</li> <li>• To understand the 3 components of rhetoric (ethos, pathos, logos)</li> <li>• To plan and write a discursive response based on a given statement</li> <li>• To show an effective use of discursive writing techniques such as DRSCREAM (Direct address, Rhetorical questions, Statistics, Repetition, Emotive language, Adjectives, Metaphor)</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Complete your Progress Test Revision booklet that you have been given in class</li> <li>• To watch the clips below to improve your knowledge of rhetoric and discursive writing: <ul style="list-style-type: none"> <li>◦ <a href="https://www.youtube.com/watch?v=3klMM9BkW5o">https://www.youtube.com/watch?v=3klMM9BkW5o</a></li> <li>◦ <a href="https://www.youtube.com/watch?v=bh6P0iw2k30">https://www.youtube.com/watch?v=bh6P0iw2k30</a></li> </ul> </li> <li>• Complete your Bedrock Vocabulary homework on the website <a href="https://app.bedrocklearning.org/">https://app.bedrocklearning.org/</a></li> <li>• Re-visit your exercise book to explore model answers, practice your writing skills and grammar skills within ARK lessons</li> <li>• Practise persuasive writing independently and give this to your class teacher to mark</li> </ul>
<p><b>Maths</b></p> 	<p>Duration: 1 hr 30 mins - ALL sets Set 1&amp;2 ONLY - extension test of 30 mins</p> <p>Format: Calculator Paper</p> <p>Marks available: 100</p> <p>Set 1&amp;2 ONLY - extension paper worth 30 marks</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Ratios</li> <li>• Exchange rates</li> <li>• Bar charts</li> <li>• Index laws</li> <li>• Best buys</li> <li>• Pythagoras Theorem</li> <li>• Angles in Polygons</li> </ul> <p>Set 1&amp;2 ONLY (in addition to the above):</p> <ul style="list-style-type: none"> <li>• Trigonometry</li> <li>• Nth Term of Quadratics</li> <li>• Linear graphs (<math>y=mx + c</math>)</li> <li>• Solving Quadratics</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Y9 Revision Topic List with associated Sparx clip numbers - your teacher will be giving you this. It will also be uploaded onto Teams</li> </ul>
<p><b>Science</b></p> 	<p>Duration: 1 Hour</p> <p>Format: AQA Foundation exam questions</p> <p>Marks available: 65</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Cell transport - diffusion, osmosis and active transport</li> <li>• Respiration</li> <li>• Evolution of the Earth's atmosphere</li> <li>• Energy stores and transfers- Kinetic energy, gravitational potential, elastic potential energy</li> <li>• Work done, power and efficiency</li> <li>• Renewable and non-renewable energies</li> <li>• National grid</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Homework booklet. This will be given out to support students alongside knowledge organisers</li> </ul> <p>Websites:</p> <ul style="list-style-type: none"> <li>• Energy - GCSE Combined Science Revision - AQA Trilogy - BBC Bitesize</li> <li>• Aerobic and anaerobic respiration - Respiration - AQA - GCSE Biology (Single Science) Revision - AQA - BBC Bitesize</li> <li>• Osmosis - Transport in cells - AQA - GCSE Combined Science Revision - AQA Trilogy - BBC Bitesize</li> </ul>

<p><b>French</b></p> 	<p>Duration: 45 Minutes 45 Minutes</p> <p>Format: Reading &amp; Listening Writing</p> <p>Marks available: 60 60</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Hobbies and weekend plans</li> <li>• My studies</li> <li>• Food and diet</li> <li>• Healthy living</li> <li>• Jobs</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Language Nut</li> </ul>
<p><b>Spanish</b></p> 	<p>Duration: 45 Minutes 45 Minutes</p> <p>Format: Reading &amp; Listening Writing</p> <p>Marks available: 60 60</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Hobbies and weekend plans</li> <li>• My studies</li> <li>• Food and diet</li> <li>• Healthy living</li> <li>• Jobs</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Language Nut</li> </ul>
<p><b>Geography</b></p> 	<p>Duration: 35 Minutes</p> <p>Format: 20 Knowledge Recall and 2 extended written answers</p> <p>Marks available: 37</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Extreme Weather</li> <li>• Hurricane Katrina</li> <li>• Urbanisation and counter-urbanisation</li> <li>• Megacity</li> <li>• Superpowers - Different types of power</li> <li>• Hegemony</li> <li>• India case study - Plate boundary and glaciers</li> <li>• Upland, lowland areas and glaciated landscapes</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams Lessons</li> <li>• Exercise book</li> <li>• BBC Bitesize KS3</li> </ul>
<p><b>History</b></p> 	<p>Duration: 35 Minutes</p> <p>Format: Written</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>Autumn:</p> <ul style="list-style-type: none"> <li>• World War Two</li> <li>• Holocaust/Israel and Palestine</li> </ul> <p>Spring:</p> <ul style="list-style-type: none"> <li>• Civil rights in Britain</li> <li>• Decolonisation in the British Empire</li> </ul> <p>Summer:</p> <ul style="list-style-type: none"> <li>• The USA in the 1920s and 30s</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Lessons on Teams</li> <li>• Exercise book</li> <li>• Knowledge organiser</li> </ul>
<p><b>RE</b></p> 	<p>Duration: 50 Minutes</p> <p>Format: Short and extended answers</p> <p>Marks available: 36</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Religion and Science</li> <li>• Medical Ethics</li> <li>• The Value of life</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Exercise book</li> <li>• Online resources - BBC Bitesize</li> </ul>
<p><b>Art</b></p> 	<p>Duration: 50 Minutes</p> <p>Format: Observational Drawing</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• The task will be an observational drawing with pencil tone</li> <li>• The theme will be birds</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• YouTube tutorials</li> <li>• BBC Bitesize Observational drawing</li> <li>• Check Teams for practice resources</li> </ul>
<p><b>Photography</b></p> 	<p>Duration: 1 Double lesson</p> <p>Format: Final piece (Digital)</p> <p>Marks available:</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Creating a photographic final piece in relation to Scale and Macro</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Resources available on Teams</li> </ul>

<p><b>Computing</b></p> 	<p>Duration: 1 Hour</p> <p>Format: Multiple Choice and written questions</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Python Programming</li> <li>• Data Science and Analysing Data</li> <li>• Cybersecurity –Hacking, Malware, Social Engineering, Prevention methods</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Knowledge Organisers</li> <li>• Exercise book</li> <li>• W3 Resources - <a href="https://www.w3resource.com/python-exercises/">https://www.w3resource.com/python-exercises/</a></li> </ul>
<p><b>Dance</b></p> 	<p>Duration: 2 Hours</p> <p>Format: Dance</p> <p>Marks available: 30</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• A Range of dance actions in your work e.g. travel, turn, jump, roll, use of different body parts, gestures</li> <li>• A range of spatial content in your work e.g. pathways, levels, directions, size of movement, patterns</li> <li>• A range of dynamics in your work e.g. speed (fast/slow), strength (strong/light), or flow (flowing/abrupt or sudden/sustained)</li> <li>• A range of different relationships in your work e.g. contact, formations, duets, mirroring</li> <li>• A range of choreographic devices/links to intention e.g. unison, canon, repetition and motif and development</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Choreographic devices</li> </ul>
<p><b>Drama</b></p> 	<p>Duration: 2 Hours</p> <p>Format: 1 hour written 1 hour performance</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <p>Written paper:</p> <ul style="list-style-type: none"> <li>• Brecht</li> <li>• Epic Theatre</li> <li>• Stage configurations</li> <li>• Theatre roles and responsibilities</li> <li>• The V Effect</li> </ul> <p>Performance:</p> <ul style="list-style-type: none"> <li>• Creating a performance in the style of 'Epic Theatre' - Marked on dramatic intention and alienating the audience</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• BBC Bitesize: <a href="https://www.bbc.co.uk/bitesize/topics/zhqgbdm">https://www.bbc.co.uk/bitesize/topics/zhqgbdm</a></li> <li>• 'Understanding Drama'</li> </ul>
<p><b>Design and Technology</b></p> 	<p>Duration: 40 Minutes</p> <p>Format: Multiple choice written exam questions Designing</p> <p>Marks available: 40</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• CAD CAM</li> <li>• Electronics</li> <li>• Properties of materials</li> <li>• Polymers</li> <li>• Natural and Synthetic polymers</li> <li>• Yarns</li> <li>• Templates</li> <li>• ACCESSFM</li> <li>• Design Specification</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Exercise book</li> <li>• BBC Bitesize: <ul style="list-style-type: none"> <li>◦ <a href="https://www.bbc.co.uk/bitesize/guides/zfr3rwx/revision/1">https://www.bbc.co.uk/bitesize/guides/zfr3rwx/revision/1</a></li> <li>◦ <a href="https://www.bbc.co.uk/bitesize/guides/zdmqmsg/revision/1">https://www.bbc.co.uk/bitesize/guides/zdmqmsg/revision/1</a></li> <li>◦ <a href="https://www.bbc.co.uk/bitesize/guides/zhyny4j/revision/1">https://www.bbc.co.uk/bitesize/guides/zhyny4j/revision/1</a></li> </ul> </li> </ul>
<p><b>Food Preparation and Nutrition</b></p> 	<p>Duration: 45 Minutes</p> <p>Format: Multiple choice Extended questions</p> <p>Marks available:</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Food provenance</li> <li>• Eat well guide</li> <li>• Function of ingredients for pastry</li> <li>• Fermentation</li> <li>• Food labelling</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Knowledge organiser on Teams</li> <li>• Book notes</li> </ul>
<p><b>Music</b></p> 	<p>Duration: 40 Minutes</p> <p>Format: Written</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Hip Hop (Key words)</li> <li>• Music and Mood (Tempo, Dynamics, Tonality)</li> <li>• Protest Music (Musical features)</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Printed out revision sheet will be available in class</li> </ul>

<p style="text-align: center;"><b>Music Technology</b></p> 	<p>Duration: 1 Hour</p> <p>Format: Written/Listening</p> <p>Marks available: 50</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Film Music</li> <li>• Pop Composition (Writing a Hit! Unit)</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• Teams</li> <li>• Physical Print Outs</li> </ul>
<p style="text-align: center;"><b>PE</b></p> 	<p>Duration: 2 Hours</p> <p>Format: Practical</p> <p>Marks available: 15</p>	<p>The key topics that will be covered in this classroom Progress Tests Assessment will be:</p> <ul style="list-style-type: none"> <li>• Skill acquisition in:</li> <li>• Athletics - track and field</li> <li>• Striking and fielding - cricket rounders or softball</li> </ul>	<p>The revision resources for this Progress Tests assessment are:</p> <ul style="list-style-type: none"> <li>• To attend after school enrichment activities to improve your skills in isolation, under pressure and in a game</li> </ul>