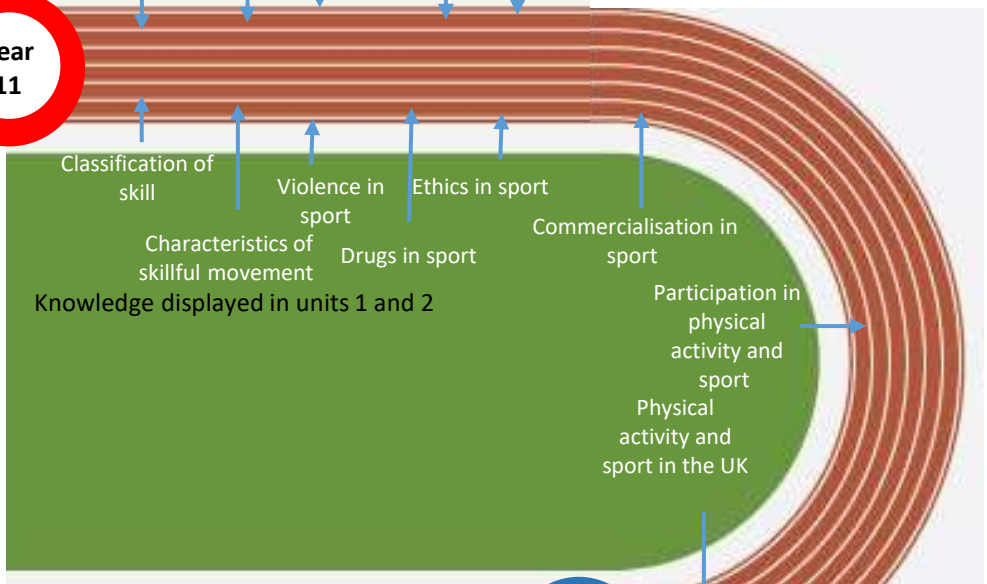


Year 11

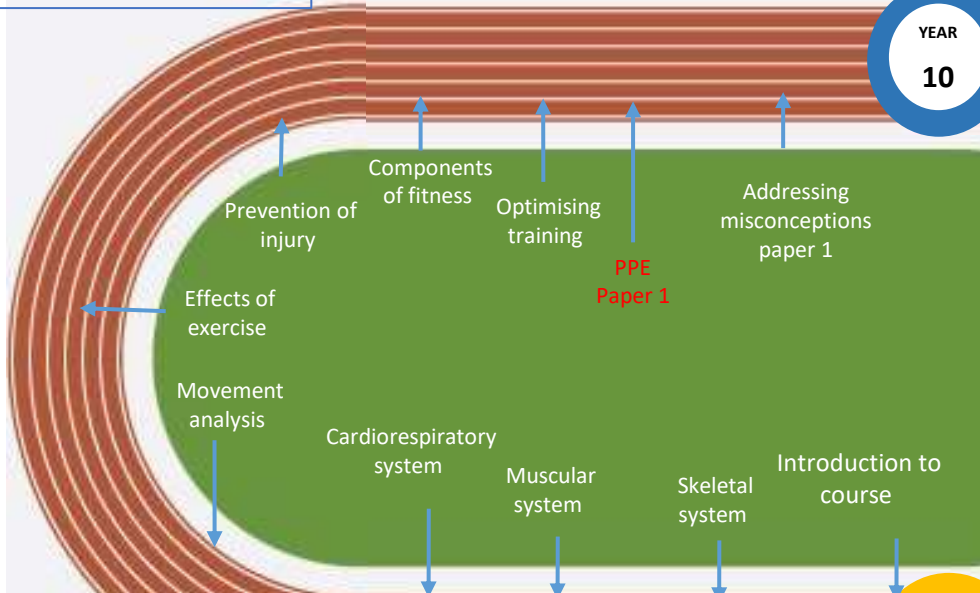
Assessment criteria
A01- Demonstrate knowledge and understanding of the factors effecting performance
A02- Apply knowledge and understanding of these factors using sporting examples.
A03- Analyse and evaluate the factors underpinning performance

Sociocultural issues and sports psychology
Section a-
 • Worth 30% overall grade.
 • 20 questions
 Question focus- sociocultural influences, sports psychology, health fitness and wellbeing
Section b-
 • Worth 30% overall grade
 • 20 Questions
 • One 6 mark question which will link to synoptic knowledge

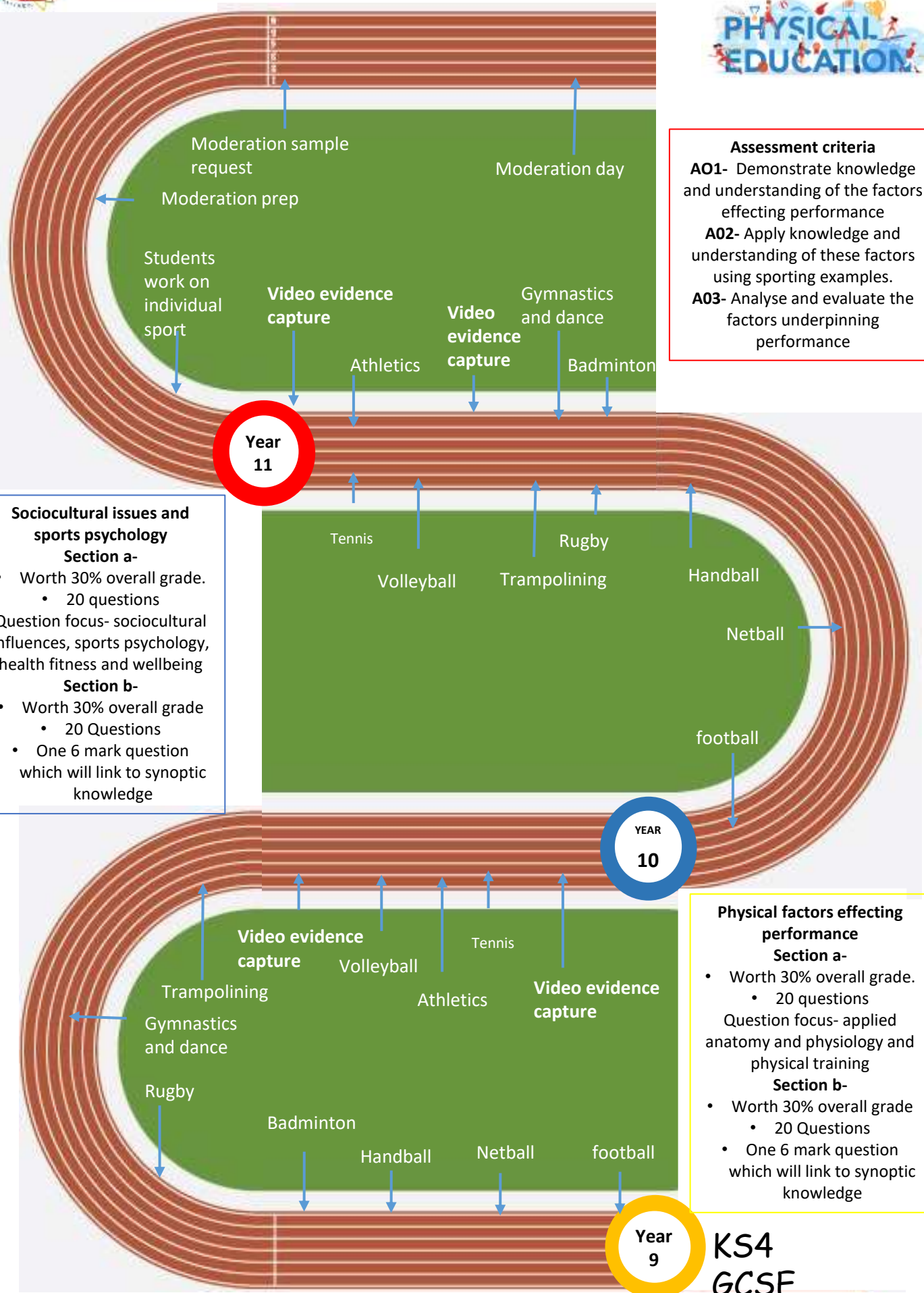


YEAR 10

Physical factors effecting performance
Section a-
 • Worth 30% overall grade.
 • 20 questions
 Question focus- applied anatomy and physiology and physical training
Section b-
 • Worth 30% overall grade
 • 20 Questions
 • One 6 mark question which will link to synoptic knowledge



Year 9



Assessment criteria
A01- Demonstrate knowledge and understanding of the factors effecting performance
A02- Apply knowledge and understanding of these factors using sporting examples.
A03- Analyse and evaluate the factors underpinning performance

Sociocultural issues and sports psychology
Section a-
 • Worth 30% overall grade.
 • 20 questions
 Question focus- sociocultural influences, sports psychology, health fitness and wellbeing
Section b-
 • Worth 30% overall grade
 • 20 Questions
 • One 6 mark question which will link to synoptic knowledge

Physical factors effecting performance
Section a-
 • Worth 30% overall grade.
 • 20 questions
 Question focus- applied anatomy and physiology and physical training
Section b-
 • Worth 30% overall grade
 • 20 Questions
 • One 6 mark question which will link to synoptic knowledge

Year 11

YEAR 10

Year 9