

## FOOD SCIENCE & NUTRITION

HIGHER EDUCATION LO3 Understand How Food Safety Is Managed **In Different Situations** Describe hazards in the food environment. Develop risk assessments and control measures **YEAR** LO2 Understand **How Food Can** Cause III Health LO1 Understand How Explain food LO6 Cooking of **Microorganisms Affect Food Safety** intolerances / **LO4 Nutritional LO5 Planning Production Complex Dishes** Describe microorganisms and how allergies and food Requirements Of Complex Dishes Correct use of tools and they can affect food, how conditions poisoning and its advanced techniques Analyse and Interpret and plan can effect their growth and symptoms evaluate diets, while cooking and complex menus preservation methods calculate requires presenting dishes for specific groups **ENSURING FOOD IS SAFE TO EAT** Learn about dangers and safety issues when storing, preparing, and cooking food in. Learn LO3 Nutrients And The Human Body how to prevent these risks and recommend Describe the function of nutrients and safety measures to keep food safe to eat the effects of poor nutritional intake. Analyse and assess the needs of External assessment. specific groups

LO2 Properties Of Nutrients

Learn the structure and classification of nutrients and how production methods effect nutritional values LO1 Importance Of Food Safety Learn how individuals and food handlers are responsible for food safety MEETING NUTRITIONAL NEEDS OF SPECIFIC GROUPS

YEAR 12

Learners will understand the nutritional requirements of individuals. They should be able to plan and cook elaborate meals that cater to these needs

