

Public Health Commissioning Team
NHS England North West
(Lancashire, South Cumbria, Cheshire and Merseyside)

March 2025

Dear Parent/Carer,

The measles, mumps and rubella (MMR) vaccine is one of the most studied vaccines and millions of doses are given every year.

As your child starts school, we recommend that they have had two doses of the MMR vaccine to ensure they are fully protected, as the complications of measles can be severe and life changing. You will also be protecting them against mumps and rubella, which can also be serious illnesses.

Measles cases are rising in the North West so it is important that you check your child's red book to see if they have had their pre-school booster vaccine and two doses of MMR. If not, contact your GP surgery to make an appointment.

Please scan the QR code below for further information on the MMR vaccine.

This year your child will also be eligible for a free nasal flu vaccine, and this will be offered to them at their school during the autumn term.

Yours sincerely,

A handwritten signature in cursive script that reads "Tricia Spedding".

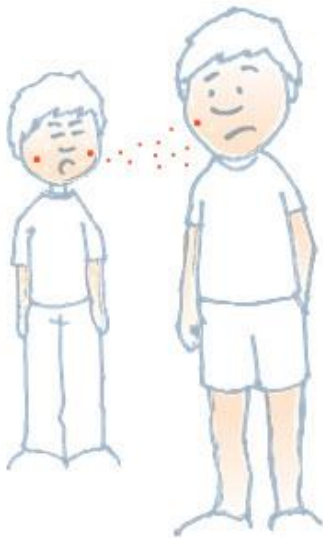
Tricia Spedding

Head of Public Health, NHS England North West

MEASLES

Don't let your child catch it
— get them vaccinated with the MMR vaccine

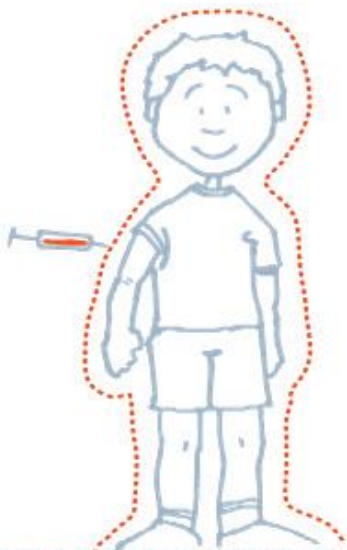
Measles spreads quickly and can be very serious.



Vaccinations stop children catching some diseases such as: Measles, Mumps and Rubella.



If you're not vaccinated, you're not protected.



Your child needs 2 doses of MMR. Ask your nurse, health visitor or doctor for advice about children's vaccines.

