

DELI Allergens

[illegible]

Dishes and their allergen content –

WEEK 1 – Chilli Beef (Monday)

[illegible]

Dishes and their allergen content –

WEEK 1 – Sweet & Sour Chicken with Noodles (Tuesday)

[illegible]

Dishes and their allergen content –

WEEK 1 – Home made sausage roll, mash and beans (Wednesday)

[illegible]

Dishes and their allergen content –

WEEK 1 – Roast Turkey dinner (Thursday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Roast Turkey														
Roast potatoes														
Cabbage														
Carrots														
Peas														
Stuffing	May Contain	✓					May Contain							
Gravy	✓	✓		May Contain			✓		May Contain				May Contain	
Vegan Quorn Fillets		✓												
Brownie		✓		✓			May Contain						May Contain	

WEEK 1 – Battered Fish Fillet, Chips and Peas (Friday)

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[illegible]

Dishes and their allergen content –

WEEK 2 – Ham & Cheese Panini with Tortilla Chips (Monday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Ham & Cheese Panini		✓					✓							
Tortilla Chips		May Contain											May Contain	
Carrots														
Cucumber														
Vegetarian Cheese Panini		✓					✓							
Carrot Cake		✓		✓			May Contain							

Dishes and their allergen content –

WEEK 2 – Chinese Chicken Curry & Fried Rice (Tuesday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Chicken														
Curry Sauce		✓							✓					
Fried Rice													✓	
Peas														
Vegan Quorn Fillet		✓												
Bananas														
Toffee Sauce							✓							

Dishes and their allergen content – WEEK 2 – Spaghetti Bolognese (Wednesday)

[illegible]

Dishes and their allergen content –
WEEK 2 – Roasted Gammon (Thursday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Roast Gammon														
Roast potatoes														
Carrots														
Peas														
Cabbage														
Gravy	✓	✓		May Contain			✓		May Contain				May Contain	
Vegan Meatballs		✓												
Vegan Gravy														
Scones wit Jam & Cream		✓					✓						✓	

Dishes and their allergen content –

WEEK 2 – Fish, Chips and mushy peas/beans (Friday)

[illegible]

Dishes and their allergen content –

WEEK 3 – Pizza Pocket (Monday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pizza Pocket		✓					✓							
Tortilla Chips														
Veg Sticks														
Chocolate Cake		✓		✓										
Chocolate Custard							✓							

Dishes and their allergen content –

WEEK 3 – Chicken Korma with Boiled Rice (Tuesday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Chicken Korma							✓							
Boiled Rice														
Naan Bread		✓												
Vegan Korma														
Broccoli														
Frozen Yoghurts							✓							

Dishes and their allergen content –

WEEK 3 – Beef Burger with Diced Potatoes (Wednesday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Burger		✓											✓	✓
Bread Bun		✓											✓	
Diced Potatoes														
Sweetcorn														
Vegetarian Quorn Burger		✓		✓										
School Cake		✓		✓			✓						✓	

Dishes and their allergen content –

WEEK 3 – Sausage, Mash, Yorkshire Pudding and Gravy (Thursday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Butcher's Sausages														
Mashed Potatoes							✓							
Yorkshire Pudding		✓		✓			✓							
Peas														
Gravy	✓	✓		May Contain			✓		May Contain				May Contain	
Vegan Quorn Sausage		✓												
Vegan Gravy														
Trifle							✓							

WEEK 3 – Fish fillet burger, Chips and Beans (Friday)

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DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Fish fillet		✓			✓									
Chips														
Beans														
Vegetarian Garlic Mushrooms														
Creamy Sauce							✓							
Cookie		✓		✓			✓						May Contain	