Dishes and their allergen content -

## DELI Allergens

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mayo |  | May contain |  | $\checkmark$ |  |  | May contain |  | May contain |  |  |  | $\begin{aligned} & \text { May } \\ & \text { contain } \end{aligned}$ |  |
| Ham |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayo |  | May contain |  | $\checkmark$ | $\checkmark$ |  | May contain |  | May contain |  |  |  | May contain |  |
| Coleslaw |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| Cheese |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Wraps |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \hline \text { Buns } \\ & 50 / 50 \end{aligned}$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Crackers |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |

## Dishes and their allergen content -

WEEK 1 - Jacket Potatoes (Monday)

| DISHES | Celery | Cereals containing gluten | Crustaceans | Fish | Eggs | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur <br> Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Chilli | $\checkmark$ | $\checkmark$ |  |  | May contain |  | $\checkmark$ |  | May Contain |  |  |  | May Contain |  |
| Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| School Cake |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |

## Dishes and their allergen content -

## WEEK 1 - Meatballs, spaghetti and tomato sauce (Tuesday)

| DISHES | Cele ry | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur <br> Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Meatballs (GF) |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Tomato Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Spaghetti |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetaballs |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Pie |  | $\checkmark$ |  |  |  |  |  |  |  | May Contain |  |  |  |  |

## Dishes and their allergen content -

WEEK 1-Chicken Korma curry, Rice, naan bread(Wednesday)


## Dishes and their allergen content -

## WEEK 1 - Sausage, Mash, Yorkshire Pudding, Gravy (Thursday)

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sausage |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Mashed potatoes |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Yorkshire pudding |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Gravy | $\checkmark$ | $\checkmark$ |  | May Contain |  |  | $\checkmark$ |  | May Contain |  |  |  | May Contain |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Veggie } \\ & \text { Sausage } \end{aligned}$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Blueberry muffin |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |

## Dishes and their allergen content -

## WEEK 1 - Battered Fish Fillet, Chips and Peas (Friday)

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Fish |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fried egg |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Fruit <br> Jelly <br> NOT <br> VEG |  |  |  |  |  |  | May Contain |  |  |  |  |  |  | May Contain |

## Dishes and their allergen content -

WEEK 2 - Cheese and tomato pasta bake(Monday)

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pasta bake |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Banana bread |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |

## Dishes and their allergen content -

## WEEK 2 - Chicken Tikka Wraps \& Rice (Tuesday)

| DISHES | Celery | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Curried Rice |  |  |  |  |  |  | Sulphur <br> Dioxide |  |  |  |  |  |  |
| Chicken Tikka |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |
| Wraps |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |
| Green <br> beans |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Tikka <br> Pieces |  |  |  |  |  |  |  |  |  |  |  |  |  |

## Dishes and their allergen content -

## WEEK 2 - Butchers Hot dog in a Bun (Wednesday)

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sausage |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Finger bun |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Herby potatoes |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn sausage |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate cake |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |

## Dishes and their allergen content -

## WEEK 2 - Cottage Pie (Thursday)

| DISHES | Celery | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya | Sulphur <br> Dioxide |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Cottage Pie | $\checkmark$ | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Quorn <br> Cottage <br> Pie | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  | $\checkmark$ |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Oatie crunch <br> biscuit |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |

## Dishes and their allergen content -

WEEK 2 - Tuna and cheese melt panini(Friday)

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tuna Mayo |  | May contain |  | $\checkmark$ | $\checkmark$ |  | May Contain |  | May contain |  |  |  | May contain |  |
| Cheese |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Panini |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | May contain |  |  |
| Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn burger |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Frozen <br> Yoghurt |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |

Dishes and their allergen content -

## WEEK 3 - Margarita Pizza

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pizza |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sticky toffee pudding |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Toffee Sauce |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |

## Dishes and their allergen content -

## WEEK 3 - Spaghetti Bolognaise (Tuesday)

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bolognaise | $\checkmark$ | $\checkmark$ |  | $\begin{array}{\|l\|} \hline \text { May } \\ \text { contain } \end{array}$ |  |  | $\checkmark$ |  | $\begin{aligned} & \text { May } \\ & \text { contain } \end{aligned}$ |  |  |  | $\begin{aligned} & \text { May } \\ & \text { contain } \end{aligned}$ |  |
| Spaghetti |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic bread |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Veg Quorn <br> Bolognaise |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Red Velvet Cake |  | $\checkmark$ |  | May contain |  |  | $\checkmark$ |  |  |  |  |  |  |  |

## Dishes and their allergen content -

## WEEK 3-All Day Breakfast (Wednesday)

| DISHES | Celery | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Bacon |  |  |  |  |  |  |  | Garlic |  |  |  |  |  |
| Eggs |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Hash brown |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomatoes and <br> mushrooms |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Sausage |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |
| Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate biscuit |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |

## Dishes and their allergen content -

## WEEK 3-Roast chicken dinner (Thursday)

| DISHES | Celery | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya <br> Sulphur <br> Dioxide |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast <br> potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots/Peas <br> Cauliflower |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken <br> Gravy |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |
| Stuffing |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Flapjacks | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |

## Dishes and their allergen content -

WEEK 3 - Fish finger, mashed potato and beans (Friday)

| DISHES | Celery | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Fish finger |  | $\checkmark$ |  |  | $\checkmark$ | Sulphur <br> Dioxide |  |  |  |  |  |  |  |
| Mashed <br> Potato |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beans |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Quorn <br> burger |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |

