

Dishes and their allergen content –
WEEK 1 – Battered Fish Fillet, Chips and Peas (Friday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic
Fish Cakes		✓			✓		✓		✓						
Chips															
Peas															
Tomato Sauce															
Pasta		✓					✓								
Jam Tarts		✓		May contain			May contain			May contain	May contain		May contain	May contain	

Dishes and their allergen content –
WEEK 2 – Roasted Ham (Thursday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic
Roast Ham															
Roast potatoes															
Gravy	✓	✓					✓								✓
Cauliflower															
Carrots															
Vegetable Pie		✓					✓								
Victoria Sponge Cake		✓		✓			✓			May Contain	May Contain			May Contain	May Contain

Dishes and their allergen content –

WEEK 2 – Fish fingers, Mashed Potato & Baked Beans and peas (Friday)

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic
Fish Fingers		✓			✓		✓		✓						
Mash Potato							✓								
Baked Beans															
Cheese & Onion Pasty		✓					✓								
Jelly							May contain							May contain	

