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Executive Headteacher: Mrs. C. Adams  
Headteacher: Mrs. J. Payne

October 2023

Dear Parent/Carer,

**Re: Personal, Social and Health Education Lessons – Keeping/Staying Healthy.**

We believe that promoting the health and well-being of our students is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) lesson. This looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world. The topic for PSHE for next term is Alcohol and Drugs, our aim being to help our students make safe and informed decisions during their school years and beyond.

During the lessons, students will be able to ask questions, which will be answered factually and in an age appropriate manner.

The children will:

- identify what is a risky choice
- identify the risks associated with alcohol and drugs
- describe how alcohol and drugs can affect your immediate and future health
- develop and recognise skills and strategies to keep safe

Parents are the most important educators of young people in these types of issues and many welcome the support that school can offer to supplement their home teaching. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school.

If you have any queries about what will be discussed with your child, please speak to their class teacher.

Thank you for your continued support,

Year 6 Teachers



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