



www.churchtown.org.uk

Headteacher: Mrs. J. Payne

28th February 2025

Dear Parent/Guardian,

During the week commencing **Monday 17th March, Y5 and Y6** will be taking part in a block week of lessons regarding Relationships, Health and Sex Education. The aim of the sessions is to give the children a better understanding of the changes in puberty, both physically and emotionally, with opportunities for discussion with teachers and peers in mixed gender groups. The content will be approached sensitively with regards to the age and maturity of the pupils. We have made some updates to our sessions which we feel reflect exactly what the children need to know before they leave our school.

The scheme of work will be delivered as part of the statutory Science National Curriculum - **which all children will take part in** - and the non-statutory PSHE lessons. As a parent/guardian you have a legal right to withdraw your child from the PSHE element of the SRE curriculum. If we do not hear from you, we will assume that you are willing for your child to take part in this scheme of work. If you would like to remove your child from the PSHE sessions, including watching the videos, please inform your child's class teacher by **Friday 14th March 2025**.

Below is an outline of the topics that will be covered (Science elements are in bold and are statutory):

Y5 Science 1	Describe the changes as humans develop to old age	Y6 Science 1	Life Cycles, to include humans and the fertilization of an egg
Y5 Science 2	Describe the life process of reproduction in some plant and animals	Y6 Science 2	Pregnancy: growth of a baby, birth
Y5 PSHE 1	Puberty video (in single sex groups)	Y6 PSHE 1	Puberty video
Y5 PSHE 2 & 3	Personal hygiene and emotions (mixed groups)	Y6 PSHE 2	Adults and children's views on healthy relationships
Y5 PSHE 4 & 5	Adults and children's views on healthy relationships (mixed groups)	Y6 PSHE 3	Conception video (looking at how a child is conceived)
		Y6 PSHE 4	Male and female reproductive systems
		Y6 PSHE 5	Stages of pregnancy

During all of these sessions we constantly discuss the importance of empathy, physical and emotional wellbeing and having the rights over our own bodies.

We would like to invite parents and guardians of our Y5 and Y6 pupils to a zoom meeting to look at the materials that the children will be using. The meeting will take place at **4:45 pm on Monday 10th March 2025**. If you would like to attend this meeting, please join 5 minutes before it is due to start with your microphone muted but your camera turned on. All details needed to join the meeting can be found at the bottom of this letter. Before attending the meeting, please have a read of our Relationships, Health and Sex Education Policy which can be found on the school website under 'Policies & Reports', 'Policies' and 'RSE' or alternatively, follow the link <https://www.churchtown.org.uk/policies-reports/policies>. Please then follow the link provided which will take you to an anonymous survey where you can have your say on our policy to help us to make it right for the whole of our school community. <https://www.surveymonkey.co.uk/r/ZJ3PXM3>



www.churchtown.org.uk

Headteacher: Mrs. J. Payne

May we take this opportunity to thank you for your support in our continued partnership in providing the best quality education for your child.

Yours sincerely,

Mrs J Bluck (PSHE Subject Leader)

RHSE Zoom Meeting for Year 5 and Year 6 Parents/Guardians – Monday 10th March 2025 at 4:45 pm

Join Zoom Meeting

<https://us04web.zoom.us/j/9391572027?pwd=ZUdtb3dIZmtKczBCOEIINXViS0d6dz09&omn=71856693975>

Meeting ID - 939 157 2027

Passcode tNq1yF

Please Note: This meeting is not for the children and should be attended only by parents/guardians.