
































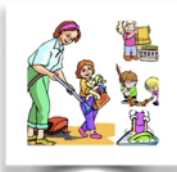



Our PSHE Curriculum




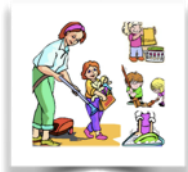




PSHE Overview

	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Feelings and Emotions 	Keeping Safe and Healthy 	Being Responsible 	Relationships  Online Safety 	Our world 	Hazard Watch 
Year 2	Feelings and Emotions 	Keeping Safe and Healthy 	Being Responsible 	Relationships  Online Safety 	Our World 	Fire Safety 
	Year 3	Feelings and Emotions 	Keeping Safe and Healthy 	Being Responsible 	Relationships.  Online Safety 	Our World 
Year 4	Feelings and Emotions 	Keeping Safe and Healthy 	Being Responsible 	Growing and Changing  Online Safety 	The Working World 	A World Without Judgement 
Year 5	Feelings and Emotions 	Keeping Safe and Healthy 	Being Responsible 	Growing and Changing  Online Safety 	The Working World 	A World Without Judgement 
Year 6	Feelings and Emotions 	Keeping Safe and Healthy 	Being Responsible 	Growing and Changing  Online Safety 	The Working World 	A World Without Judgement 







PSHE Content - Year 1

Term	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overview	<p>Feelings and Emotions</p>  <p>Keeping Safe and Healthy</p> 		<p>Being Responsible</p>  <p>Relationships and Online Safety</p> 		<p>Our World</p>  <p>Hazard Watch</p> 	
Suggested Content	<p><u>Feeling and Emotions</u> Unit focus - Jealousy Assessment - Baseline What is an emotion? Explore Jealousy Jealousy video and look at different strengths people have</p> <p><u>Keeping Safe and Healthy</u> Unit focus 1 - Road Safety Assessment - Baseline Road safety rules Road safety video Safe places to cross Sentence stems Safe place to cross activity Safety steps</p> <p>Unit focus 2 - Washing Hands Assessment - Baseline Why/when should we wash our hands? Washing hands video How do we wash our hands? Activity and review</p>		<p><u>Being Responsible</u> Unit focus - Water Spillage Assessment - Baseline Is it safe? Scenarios Water spillage video In class i should... Honest or dishonest?</p> <p><u>Relationships</u> Unit focus - Friendship Assessment - Baseline Our friends Design the perfect friend Falling out Friendship video Friendship scenarios Kindness - when have I been kind?</p> <p><u>Online Safety</u> Unit focus – Online bullying Assessment- Baseline Positives and negatives of being online Receiving unkind messages online Helpful or unhelpful? Online bullying video Who to talk to Kind or unkind? Sentence stems Online comment rules</p>		<p><u>Our World</u> Unit focus - Growing in our world Assessment - Baseline Babies What can i do now? Growing in our world video My family portrait Unique Families</p> <p><u>Hazard Watch</u> Unit focus 1 - Is it safe to eat or drink? Assessment - Baseline How do adults keep us safe? Safety detectives Is it safe to eat and drink? Quiz Is it safe to play with? Quiz Sentence stems</p>	
Resources, visits and visitors	<p>Hand washing resources Hello Yellow Day Anti-Bullying Week</p>		<p>NSPCC every 2 years Children's Mental Health Awareness</p>		<p>World of Work Day</p>	


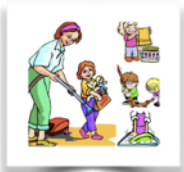




PSHE Content - Year 2

Term	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overview	Feelings and Emotions 		Being Responsible 		Our World 	
	Keeping Safe and Healthy 		Relationships and Online Safety 		Fire Safety 	
Suggested Content	<p><u>Feeling and Emotions</u> Unit focus - Worry Feelings Could this be helpful? Worry video Tree of trust Sentence stems</p> <p><u>Keeping Safe and Healthy</u> Unit focus 1- Tying Shoelaces Tying shoelaces Tying shoelaces video Is it safe? Our safety rules Sentence stems</p> <p>Unit focus 2- Healthy Eating What food keeps us healthy? Why do we need food? Healthy dinner Healthy eating video Unhealthy dinner Sentence stems</p>		<p><u>Being Responsible</u> Unit focus- Practice Makes Perfect Jobs and roles Practice makes perfect video What skills we do have? Target sheet Sentence stems</p> <p><u>Relationships</u> Unit focus - Bullying Feelings of being bullied What is bullying? Giving advice Bullying video Wall of kindness Sentence stems</p> <p><u>Online Safety</u> Unit focus – Image sharing What do people share online? Should this be shared online? Image sharing video Should I share? Sentence Stems</p>		<p><u>Our World</u> Unit focus 1- Living in our world Living things at home Living in our world video My job fact sheet Looking after our community poster Sentence stems</p> <p>Unit focus 2- Working in our world Why do we need money? Working in our world video Different types of money Money around the world Deedee's pocket money Deedee's fundraising ideas</p> <p><u>Fire Safety</u> Unit focus 1 - Hoax Calling Assessment - Baseline What is a hoax? Hoax calling to 999 Hoax calling video Time map Dear Deedee</p> <p>Unit focus 2 - Petty Arson Petty arson video What can cause a fire? Sentence stems</p>	
Resources, visits and visitors	Healthy Food Active Schools Hello Yellow Day Anti-Bullying Week		NSPCC every 2 years Children's Mental Health Awareness		World of Work Day Fire station	







PSHE Content - Year 3

Term	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overview	Feelings and Emotions 		Being Responsible 		Our World 	
	Keeping Safe and Healthy 		Relationships and Online Safety 		Fire Safety 	
Suggested Content	<p><u>Feeling and Emotions</u> Unit focus 1 - Anger Draw/describe anger Controlling anger Anger video Healthy or unhealthy anger The anger rules Assessment - Summative</p> <p>Unit focus 2-Grief What is grief? Word/phrase banks Grief video My memory box Sentence stems Assessment - Summative</p> <p><u>Keeping Safe and Healthy</u> Unit focus 1 - Brushing Teeth What do you already know? Brushing teeth video I can brush my teeth Wall display Sentence stems Assessment - Summative</p> <p>Unit focus 2 - Medicine What do you already know? Assessment - Summative Medicine video Medicines Sentence stems Assessment - Summative</p>		<p><u>Being Responsible</u> Unit focus 1- Helping Someone in Need Who helps you? Being kind or thoughtful Helping someone in need video Should we help? Sentence stems Assessment - Summative</p> <p>Unit focus 2- Stealing Stealing and borrowing Is it borrowing or stealing? Stealing video My favourite toy Sentence stems My rules poster Assessment - Summative</p> <p><u>Relationships</u> Unit focus 1 - Body Language Types of emotions Different faces Body language video Assessment - Summative</p> <p>Unit focus 2 - Touch Body parts and private parts Communicating Appropriate touching Touch video Giving advice Sentence stems Assessment - Summative</p> <p><u>Online Safety</u> Unit focus - Making friends online Keeping safe online Making friends online video Report or reply? Should I respond? Sentence stems Assessment - Summative</p>		<p><u>Our World</u> Unit focus - Looking after our world Humans and the planet Looking after our world video A recycling journey Sentence stems Assessment - Summative</p> <p><u>Fire Safety</u> Unit focus 3- Texting Whilst Driving When might the fire service be needed? Distractions Texting whilst driving video Sentence stems</p> <p>Unit focus 4 - Enya and Deedee at the fire station Assessment - Summative Enya and Deedee visit the fire station video Quiz Fire safety declaration</p>	
	Resources, visits and visitors	Dentist Pharmacist Hello Yellow Day Anti-Bullying Week		NSPCC every 2 years Children's Mental Health Awareness		World of Work Day The Smile Challenge Fire station







PSHE Content - Year 4

Term	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overview	Feelings and Emotions 		Being Responsible 		The Working World 	
	Keeping Safe and Healthy 		Growing and Changing and Online Safety 		A World Without Judgement 	
Suggested Content	<p>Feeling and Emotions Unit focus - Jealousy Assessment - Baseline Recognising feelings Thoughts, feelings and behaviours I can also feel... Jealousy video Hot seating Dear Darlee Sentence stems Continuum line</p> <p>Keeping Safe and Healthy Unit focus 1 - Cycle Safety Assessment - Baseline Help Darlee Facts Hot seating Who can help? What service is required? Thank first Help Darlee</p> <p>Unit focus 2 - Healthy Living Assessment - Baseline What i know about healthy eating Facts Healthy living video 5 main food groups Balanced menu Food detectives</p>		<p>Being Responsible Unit focus - Coming Home on Time Assessment - Baseline Being on time Coming home on time video How important is it? Being punctual Being on time</p> <p>Growing and Changing Unit focus - Relationships Assessment - Baseline What is a relationship? Types of relationships Healthy and unhealthy relationships Appropriate touch/ relationships video Who can we tell? Scenarios Appropriate or inappropriate Sentence stems Relationship checklist</p> <p>Online Safety Unit focus - Online Bullying Assessment - Baseline Facts Darlee is feeling sad Bullying or unkind? Online bullying video Hot seating Anti-bullying message tree Is it online bullying? Advice Coping with online bullying</p>		<p>The Working World Unit focus - Chores at Home Assessment - Baseline My contributions Chores at home My chore chart My ideal job Sentence stems</p> <p>A World Without Judgement Unit focus - Breaking Down Barriers Assessment - Baseline My strengths and goals Are we the same? Scenarios and actions Breaking down barriers video Focus on strength</p>	
Resources, visits and visitors	Active Schools Bike safe workshop Hello Yellow Day Anti-Bullying Week		NSPCC every 2 years Children's Mental Health Awareness		Enterprise World of Work Day	

PSHE Content - Year 5

Term	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overview	Feelings and Emotions 		Being Responsible 		The Working World 	
Suggested Content	Keeping Safe and Healthy 		Growing and Changing and Online Safety 		A World Without Judgement 	
	<p><u>Feeling and Emotions</u> Unit focus - Anger What is anger? How is Darlee feeling? Managing anger Anger video Healthy or unhealthy? Darlee's 5 steps Coping strategies Relaxation videos Adults' and children's Views</p> <p><u>Keeping Safe and Healthy</u> Unit focus 1 - Peer Pressure What is peer pressure? Scenario Peer pressure video Managing peer pressure Giving advice My risk assessment Dear Darlee Sentence stems Adults' and children's Views</p> <p>Unit focus 2 - Smoking What I know about smoking True or false Smoking video Dear Darlee Debate Smoking detectives Reflections Adults' and children's Views</p>		<p><u>Being Responsible</u> Unit focus - Looking Out for Others How can we help others? Looking out for others video Hot seating Deer Darlee Looking out for others statements Thinking of others Adults' and children's Views</p> <p><u>Growing and Changing</u> Unit focus - Puberty Relationships Appropriate touch Scenarios Sentence stems Puberty Changes in puberty Coping with puberty Letters from Darlee Hygiene Don't get smelly Dealing with emotions Scenarios Adults' and children's Views</p> <p><u>Online Safety</u> Unit focus - Image sharing Darlee's image survey Image sharing video Do you agree? Image sharing checklist</p>		<p><u>The Working World</u> Unit focus - Enterprise Why do we need money? Money making ideas Help Darlee save Enterprise video Create your own enterprise Adults' and children's Views</p> <p><u>A World Without Judgement</u> Unit focus - Inclusion and Acceptance How are we all different? Inclusion and acceptance video Facts My profile Our diverse world Adults' and children's Views</p>	
Resources	School nurse Hello Yellow Day Anti-Bullying Week		NSPCC every 2 years Lancaster/Edge hill University Catch 22 Children's Mental Health Awareness		Enterprise World of Work Day Peter Yip	

PSHE Content - Year 6

Term	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overview	<p>Feelings and Emotions</p> 		<p>Being Responsible</p> 		<p>The Working World</p> 	
	<p>Keeping Safe and Healthy</p> 		<p>Growing and Changing and Online Safety</p> 		<p>A World Without Judgement</p> 	
Suggested Content	<p><u>Feelings and Emotions</u> Unit focus - Worry What is 'Worry'? Scenarios and strategies Worry video Hot seating Preparing for change Dear Darlee What can they do? Sentence stems Worry envelope Relaxation videos Assessment - Summative</p> <p><u>Keeping Safe and Healthy</u> Unit focus 1 - Water Safety Danger signs Water safety video Water safety poster/report Spot the dangers Danger signs presentation Assessment - Summative Unit focus 2 - Alcohol and drugs What i know about alcohol Facts Alcohol Video Dear Darlee Legal age debate Reflections on alcohol Legal and illegal drugs Advice Assessment - Summative</p>		<p><u>Being Responsible</u> Unit focus - Stealing What is stealing, borrowing and theft? Consent Stealing video Dear Darlee Scenarios Is this stealing? Sentence stems Role Play Assessment - Summative</p> <p><u>Growing and Changing</u> Unit focus - Puberty and conception What I know about puberty Puberty video Puberty quiz Scenarios What is a relationship? Healthy and unhealthy relationships Adult's and children's Views Choices discussion cards Conception video What I know now Assessment - Summative</p> <p><u>Online Safety</u> Unit focus - Making friends online What's that app? Making friends online video Age restrictions Making friends online</p>		<p><u>The Working World</u> Unit focus - In-App Purchases Money related terms Inn-app purchases video Hot seating Family budget Price comparison Positive and negative effects of purchases Gambling Assessment - Summative</p> <p><u>A World Without Judgment</u> Unit focus - British Values Our values What are British Values? Different religions Stereotypes Respecting one another British Values video Equal rights speech Assessment - Summative</p>	
Resources	<p>School Nurse RNLI Hello Yellow Day Anti-Bullying Week</p>		<p>NSPCC every 2 years KGV/ Southport College James Riley Catch 22 Children's Mental Health Awareness</p>		<p>Enterprise World of Work Day</p>	