

In PSHE IALT: overcome disappointment.



When was the last time you were disappointed?

Key words I am learning today are:

What do these words mean?

Positive Experiences

Dream

Hope

Plans

Help

Disappointment

Hurt

Goals

Cope

What is disappointment?

Sadness or displeasure caused by the non-fulfilment of ones hopes or expectations.

What could this mean?

When was the last time you were disappointed?

Here are some scenarios...

Can you role play the event and show how you would overcome the disappointment?

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The holiday is cancelled because a relative of Roisin has to go into hospital.

Farida breaks her leg before her gymnastics competition.

Issa thought he would be selected for the school football team but finds out he is only the reserve.

Jacob finds out he is not to be in the same class as his friends next year.

The swimming pool party is cancelled at the last minute.

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