

In PSHE IALT: create new dreams.



Do you remember your dream from our first PSHE lesson?

Key words I am learning today are:

What do these words means?

Goal

Dream

Resilience

Commitment

Determination

Self-belief

Perseverance

Motivation

<https://www.bbc.co.uk/bitesize/clips/zc3w2hv>

What disappointment did these people face?

What new dreams did they make?

Did it link with their original dream?

Think in your heads...

What is self -belief?

Where does self - belief come from?

How can you keep yourself positive when your dreams don't come true?

Finish these sentences:

When you haven't achieved your dream
you can stay positive by.....

There might be people to help you reach
your goals like.....

You will know when your goal is
achieved when.....