

Fine Motor Skill Activity Ideas

Here are some ideas you could use at home to support your child's fine motor skill development.

- Playdough
- Threading beads
- Jigsaw puzzles
- Lego/ construction toys
- Clipping pegs on cardboard
- Fine colouring (mindfulness style)
- Using tweezers to move things (e.g. peas out of the rice)
- Threading through hole punched paper
- Weaving around cardboard
- Cutting with scissors
- Building 3D models with blocks
- Pebble sorting
- Stacking cups
- Sorting pomp oms into colours