



Clarendon Infant School | Ordnance Road | Tidworth | Wiltshire | SP9 7QD

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Dear Parents/Carers,

Can we please remind you that we are a **nut free** school.

We have several children who have very serious nut allergies that can develop into a potentially life-threatening allergic reaction. For this reason, no nut-based products are allowed on the school grounds.

An allergic reaction or anaphylaxis can occur as a result of digestion, inhalation or any other contact with nut-based products.

First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

We cannot have nuts in school in any form, so please ensure that you have no nut products in the lunch boxes or brought into the school as treats or snacks.

For example:

- Peanut butter sandwiches
- Chocolate spreads (eg. Nutella)
- Cereal bars
- Some granola bars
- Cakes that contain nuts
- Biscuits / Cookies that contain nuts
- Peanut butter cakes
- Some Asian food, including satay
- Sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely and even if it says **may contain nuts**, then please do not send that food product into school.

We appreciate that this is an additional thing to check but we do have to insist we are a nut free school, and we hope you can understand the importance of this, especially as it is a life-threatening condition.

If you have any questions, please do not hesitate to speak to a member of staff.

Kind regards

Mrs Ashford-Smith

Head of School



School Website | www.clarendoninfants.com