



# Time Out For Parents - Children with Additional Needs

**Are you a parent/carer for a child (or children) with additional needs? This course was written for you!**

**Come and meet other parents/carers to support, help and encourage each other to share feelings and experiences about your child with additional needs.**

**Discuss and share ideas that support you to come up with solutions to problems and behaviours that challenge on the basis of what works - not what's meant to work!**

**(No formal diagnosis required)**

**Join us virtually using Microsoft Teams**

Support to join offered if needed

Weekly sessions on Mondays 10.00 - 12.00

**27th January - 24th March 2025**

<https://wiltshiretogether.org.uk/alltogether>



**Family Hub  
Wiltshire Council**

