Curriculum Intent

PE

At Clarendon Infant School we value Physical Education as a vital part of a well- balanced curriculum. We promote physical education to be an underlying factor in increasing learners' physical, mental and health development. Our PE program enables children to develop knowledge, skills and confidence in a broad range of sporting activities, as well as developing values and transferrable life skills such as fairness, pride and respect. We encourage a healthy competitive mind set through collaboration and team games.

Our PE curriculum is based on The Early Years Framework and the National Curriculum, covering all areas including Dance, Gymnastics, Games and Athletics. Through our high-quality physical education program we provide fun, engaging, active and competitive activities that inspire students to succeed and excel. This is supported by a clear and age appropriate skills and knowledge progression framework from Early Years through to Year 2 to maximise learning for all children.

At Clarendon Infants, we implement Physical Education in the following ways:
- Weekly PE, fitness and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, resilience and respect for themselves and each other.
- One PE lesson a week with their class teacher, currently following the 'Real PE' program.
- One PE lesson a week with a qualified sports coach, focusing on team games and a variety of sports.
- Daily fitness activities including 'The Golden Mile', Yoga and 'Active Learn' activities.
- Sport based activities during class provision time in Early Years and Year 1.
- Extra-curricular activities during and after school including football club and Judo.
- Additional lunch time activities with a variety of equipment and games on offer, including our new climbing wall!
- Sporting activities throughout the year with appropriate outside organisations.
- Whole school 'Sports Day' to promote and celebrate sport and fitness in our school community.