

ALLERGEN MENU (SPECIAL MEAL)

Week 1 W/C 8 Mar, 29 Mar, 3 May, 24 May, 21 June, 12 July

Monday	Gluten free sausages, sweet potato wedges, sweetcorn Roasted vegetables, beans, sweet potato wedges, sweetcorn Jelly
Tuesday	Jacket potato with ham and salad (select "Special main" on Eduspot) Jacket potato with dairy free cheese and salad (select "special vegetarian" on Eduspot) Allergen free homemade lemon biscuit
Wednesday	Roast chicken, roast potato and vegetables Mediterranean vegetable butter bean gluten free pasta bake Flapjack
Thursday	Gluten, dairy free fish, chips & peas Jacket potato with dairy free cheese & salad Fresh fruit
Friday	Cottage pie and vegetables Vegetable & lentil cottage pie and vegetables Shortbread

Week 2 W/C 15 Mar, 19 Apr, 10 May, 7 June, 28 Jun, 19 July

Monday	Ham & dairy free cheese with gluten free french bread pizza Dairy free cheese and tomato french bread pizza Fresh fruit
Tuesday	Jacket potato with ham and salad (select "special main" on Eduspot) Jacket potato with dairy free cheese and salad (select "special vegetarian" on Eduspot) Allergen free homemade chocolate biscuit
Wednesday	Roast turkey, roast potato and vegetables Bean and vegetable hot pot served with vegetables Jelly
Thursday	Gluten free & dairy free fish, chips & peas Jacket potato with dairy free cheese and salad Flapjack
Friday	Gluten free hot dogs, allergen free coleslaw, baked beans BBQ jackfruit & vegetable gluten free wrap, coleslaw & baked beans Allergen free biscuit

Week 3 W/C 22 Mar, 26 Apr, 17 May, 14 Jun, 5 July

Monday	Chicken skewers with hot rice salad Dairy free cheese & vegetable skewers with hot rice salad Fresh fruit
Tuesday	Gluten free hot sausage roll & chopped salad Dairy free hot cheese and onion pastry served with chopped salad Allergen free chocolate biscuit
Wednesday	Bacon, tomato & gluten free pasta bake Tomato, lentil & bean gluten free pasta bake Flapjack
Thursday	Gluten free fish, chips & peas Jacket potato served with dairy free cheese and salad Jelly
Friday	Mild chicken curry and rice Mild vegetable curry and rice Fresh fruit