

Little Jars of Love



Create your own little jars of love to give to those you love this Valentine's Day. They are the perfect gift for family and friends.

You will need:

- a glass or plastic jar
- colouring pencils or felt tips
- coloured paper
- ribbon
- scissors
- small gifts that they will like.

Instructions

1. First decorate your jar. You could use stickers, coloured paper, sequins, pom-poms or anything else that you would like.
2. Then add a label to your jar with the person's name on it.
3. Next fill your jar with notes for that person. These could say what you love about that person and what you love to do with them (e.g. sharing stories, going to the park, baking cakes).
4. Now add ribbon around the top.
5. Finally add some small gifts. There are photos below to give you some ideas!

Suggested small gifts:

- A small teddy or plastic toy
- Bath treats
- Candles
- Earrings, a necklace or a bracelet
- Hair accessories
- Flower seeds or bulbs
- Perfume or aftershave
- Sweets or chocolates.



I love
you
Mummy x



I love you
Dad
X



Butterfly

Established
1898

I love you
Granny
X



I Love you
Grandad
x



I love you
Friend
+++



For my
friend
+X+