

Clewer Green CE Aided First School

Inspiring Children

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Vision: Every child has been blessed by God with unique potential. Our vision for Clewer Green is to inspire and nurture children in a safe, happy and caring Christian community, where everyone is valued and enjoys learning.

PE POLICY

Aims

Our aim, in line with our distinctively Christian values, is for every child to have the support that they need and, by example and direct teaching, promote a Christian ethos within the school, whilst recognising that not all of its members will be practising Christians.

P.E. and School Sport play a very important part in the life of Clewer Green. Through PE we wish to provide our children with the opportunities to be physically confident, develop fundamental sports skills and lead healthy lifestyles. We encourage our children to take part in competitive sports as well as to nurture respect, co-operation and fairness towards others.

PE Policy Introduction

Clewer Green recognises the vital contribution of physical education (PE) to a child's physical, cognitive, social and emotional development, as well as the role it can play in relation to a child's spiritual, moral and cultural development. PE is an integral part of the curriculum to be enjoyed by all children. It is a real opportunity for both teachers and children to consolidate and work on the values that underpin every aspect of school life.

School Staff

To promote confidence and competence within PE;

Encourage pupils by believing that every child, with hard work, can be good at PE.

To promote the ability to solve problems through connecting ideas, decision-making and applying their PE skills in a range of contexts, including other subjects;

Through the variety of opportunities that PE offers, children can develop a sense of personal achievement, fair play, teamwork and an understanding of the ways in which sport can transcend social and cultural boundaries.

To promote correct language of PE;

To promote a range of activities which will provide children with a broad base of movement knowledge, skills and understanding, which they can refine and expand upon.

To encourage children of all abilities to join clubs and organisations with the aim of extending their interest and involvement in sport.

To promote the importance of a healthy and fit body and begin to understand those factors which affect health and fitness.

Through the Government Funding for Sport the school will, where possible, provide opportunities for both pupils and teachers to work with and alongside PE specialists and sports coaches. The aim is to enhance specialist and coaching facilities and to develop the skills and expertise of staff to provide better coaching, mentoring and advice to pupils across the whole PE and sport spectrum.

School Staff also acknowledge that participation in PE and sport have other additional benefits which should help to:

- develop a love of physical exercise.
- develop the ability to work independently and communicate with, and respond appropriately towards, others using verbal and non-verbal communication.
- develop confidence in skills and abilities.
- promote an understanding of safe practice, and develop a sense of responsibility for the safety of others.
- realise that the right exercise can be fun and energise other things in life.
- create and plan games for mutual benefit.
- develop a sense of fair play.
- develop decision making and problem solving skills.
- develop reasoning skills and the ability to make judgements.
- develop an increasing ability to select, link and apply skills, tactics and compositional ideas.
- develop the ability to communicate non-verbally with the body.
- improve observational skills, the ability to describe and make simple judgements, and to use this knowledge and understanding to improve performance.
- understand that using correct techniques will improve accuracy and performance.
- enable performance evaluation and the ability to act upon constructive criticism.

Children

To develop an enjoyment of learning through physical activity;

To develop confidence and competence with PE and School Sport;

To develop the ability to solve problems through connecting ideas, decision-making and applying their PE skills in a range of contexts;

To take part in a range of activities which will provide a broad base of movement knowledge, skills and understanding, which can refined and expanded upon.

To try to join clubs and organisations with the aim of extending their interest and involvement in sport;

To understand the importance of PE in everyday life, in relation to the importance of a healthy and fit body and begin to understand those factors which affect health and fitness.

To foster positive attitudes towards PE by developing pupils' confidence, independence, persistence and co-operation skills

Parents and Carers

To be understanding and supportive of our aims in learning and teaching PE.

To attend and contribute to Parent Consultation Meetings.

To support and encourage their children in a range of sporting activities.

To praise their children for the good things that they do in PE and school sport.

To communicate and work with school whenever further support is needed to develop their children's PE skills.

To make PE, health and fitness part of children's everyday lives.

Governors

To be understanding and supportive of our aims in the learning and teaching of PE and to review this policy every three years.

Subject Leader

The role of the Subject Leader is to provide professional leadership and management in PE in order to secure high quality teaching, effective use of resources and high standards of learning and achievement for all pupils.

They will achieve this by affecting the following key areas; strategic direction and development; learning and teaching (including planning and marking and presentation); leading and managing staff; and efficient and effective deployment of staff and resources.

The Subject Leader will train and coach staff on PE within the school and keep up to date with developments.

The Subject Leader has regular discussions with the Head Teacher and other senior leaders about learning and teaching in PE and provides data and a subject overview of the strengths and weaknesses of PE within Clewer Green School on a yearly basis.

During the academic year the Subject Leader has specific allocated time for subject self-evaluation activities.

The Subject Leader will analyse and track the school's PE data and report to the FGB annually.

The Subject Leader will be the school's Primary Link Teacher within the WSSP. They will attend termly PLT meetings, identify the PE needs of the school and use the Sport's Premium accordingly and analyse the effectiveness of the budget spending on PE and School Sport.

Implementation of the PE Policy

Foundation Stage organisation

Our Foundation Stage teachers use the Early Years Foundation Stage Curriculum to support their teaching of PE in the Foundation Stage.

Opportunities will be provided for children to be active and to develop their co-ordination, control and movement through moving and handling activities which involve the use of a range of equipment and involve different spatial experiences. Opportunities for outdoor physical activity will occur daily.

The children explore, enjoy, learn about, and use PE in a range of situations, including swimming

Physical Development (Health and Self Care, Moving and Handling) is planned on a weekly basis and assessed using the criteria from the Early Learning Goals.

Key Stage 1 and 2 organisation

Children in KS1 and KS2 are taught PE for approximately 2 hours a week in mixed ability class groups.

Pupils in both KS1 and KS2 will engage in lessons of high quality PE each week.

In KS1 the curriculum focuses on fundamental movement skills to develop agility, balance and co-ordination. Curriculum content includes ball skills and team games, gymnastic, dance activities and swimming.

At KS2 pupils will continue to apply and develop a range of skills and units of work which include a range of invasion, net/wall, and fielding and striking games, gymnastics, dance, athletics and swimming. Children's experiences will also be enriched through opportunities for outdoor and adventurous activities.

At the beginning of each PE lesson all children undertake a warm up activity.

Swimming

All the children will have swimming lessons, which will take place at Windsor Leisure Centre;

EYFS – 4 weeks (30 minutes per lesson)

KS1 – Year 1: 4 weeks (30 minutes per lesson) Year 2: 5 weeks (30 minutes per lesson)

KS2 – 5 weeks (30 minutes per lesson)

Planning

Long, medium and short term plans are produced by each teacher and agreed with the Headteacher. Teachers liaise closely to ensure that the planning meets the requirements laid down in the current guidelines.

Assessment

Assessment is an integral part of teaching and learning and is a continuous process. Teachers assess pupils through:

- making observations.
- asking questions and listening to answers
- analysing performance of skills and picking up on misconceptions

These ongoing assessments inform future teaching and planning.

Termly tracking of PE skills is carried out across the school. These are recorded on a document which is regularly analysed by the Subject Leader. The tracking document follows all children from Year 1 to year 4 and each key PE objective is analysed as to whether it is Not Yet Met (1), Met (2) or Exceeded (3).

Cross curricular

Opportunities are used to draw PE experiences out of a range of activities in other subjects e.g. Science and Geography.

Homework

Children are encouraged to take part in a range of sports activities and to have a healthy lifestyle.

School Sports Partnership (SSP)

The school is a member of the Windsor School Sports Partnership (WSSP) and as such has access to curricular support, competitive opportunities for pupils and training for staff via the partnership.

Accordingly, the School aspires to the 7 High Quality National Outcomes which guide the work of all SSPs:

- Increased participation in high quality PE.
- Increased participation in high quality out of school hours learning.
- Increased participation in high quality informal activity.
- Increased attainment and achievement through PE and sport.
- Improved behaviour and attitude in PE, sport and whole school.
- Increased participation in competitive and performance opportunities.
- Increased involvement

Written: November 2017

To be reviewed: November 2020

_____ Date _____

Neil Laver
Chair of Governors, Clewer Green CE First School