

Cockermouth School Sixth Form PHSE Overview

Year 12

| Term 1 – Autumn | Term 2 – Spring | Term 3 – Summer |
|---|---|---|
| <ul style="list-style-type: none"> Study Skills Mental Health and Well being Road Awareness Training Consent Cultural and religious diversity Employability skills Bullying and discrimination | <ul style="list-style-type: none"> Revision skills Stress Management Road Awareness training Drugs and Alcohol Contraception First Aid Bullying and discrimination Online safety Cultural and religious diversity Employability skills Bullying and discrimination | <ul style="list-style-type: none"> Mental Health and Well being Cultural and religious diversity Employability skills Bullying and discrimination |

Year 13

| Term 1 – Autumn | Term 2 – Spring | Term 3 – Summer |
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| <ul style="list-style-type: none"> Study skills Mental Health and well being Personal and Sexual Health Employment rights and responsibilities Finance Politics and democracy Bullying and discrimination Cultural and religious diversity | <ul style="list-style-type: none"> Revision skills Mental Health and Well being Bullying and discrimination Cultural and religious diversity | <ul style="list-style-type: none"> Mental Health and Well being Bullying and discrimination Cultural and religious diversity |