

# ACTIVE TOGETHER PARKS

## SOLIHULL SCHOOLS ACTIVE PARKS CHALLENGE

Monday 26th June – Friday 7th July 2023



# ACTIVE TOGETHER PARKS

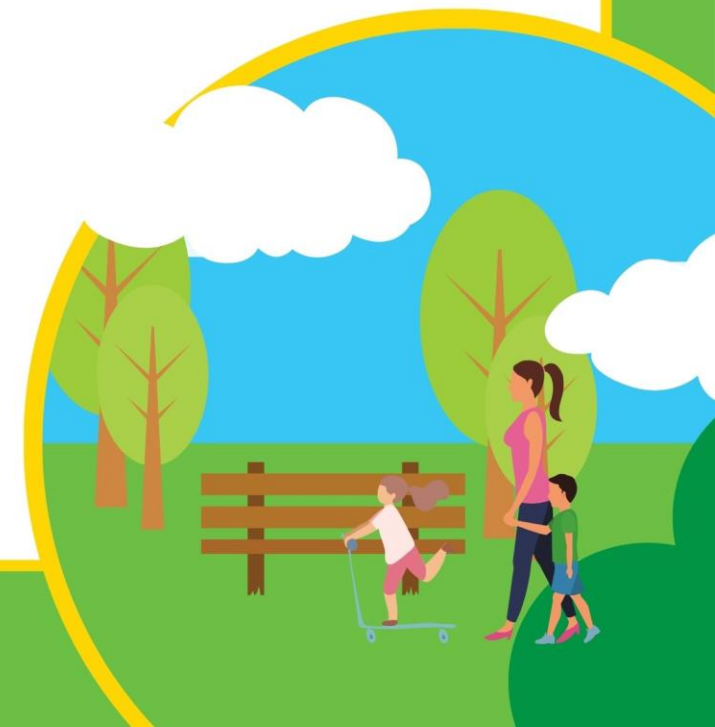
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## What is the challenge?

- The **ACTIVE TOGETHER PARKS Challenge** has been developed to encourage schools to support their whole school community to get active beyond the school day, and to support the Chief Medical Officer's (CMO) guidance of **60 active minutes a day**.
- There are 25 parks/open spaces specific to this challenge, where individuals can get active and earn points along the way.
- Each park/open space has a banner or poster with a QR code. When individuals scan one of the QR codes whilst getting active in one of these locations, schools earn points. **More scans = more points!**
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place prizes up for grabs.

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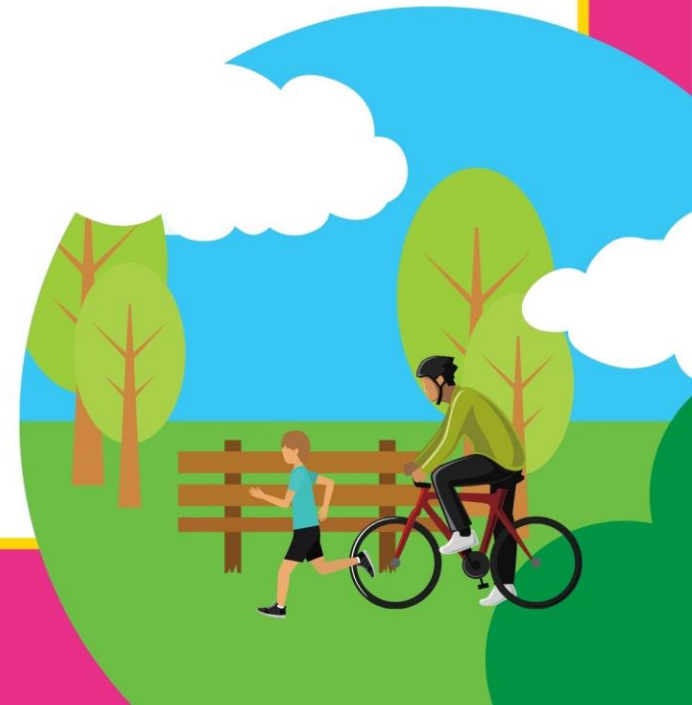
## Why take part?

This is a great whole-school opportunity to encourage physical activity through the use of parks and open spaces in Solihull. Let's build on the positive use of parks and open spaces encouraging physical activity.

### Challenge Outcomes

- To encourage young people and families to continue to be active using the parks and open spaces in and around Solihull.
- To support and encourage understanding of the CMO's active 60 minutes a day: 30 minutes during the school day, with schools supporting the 30 minutes beyond the school day.
- To foster social connections through physical activity, supporting whole school communities.

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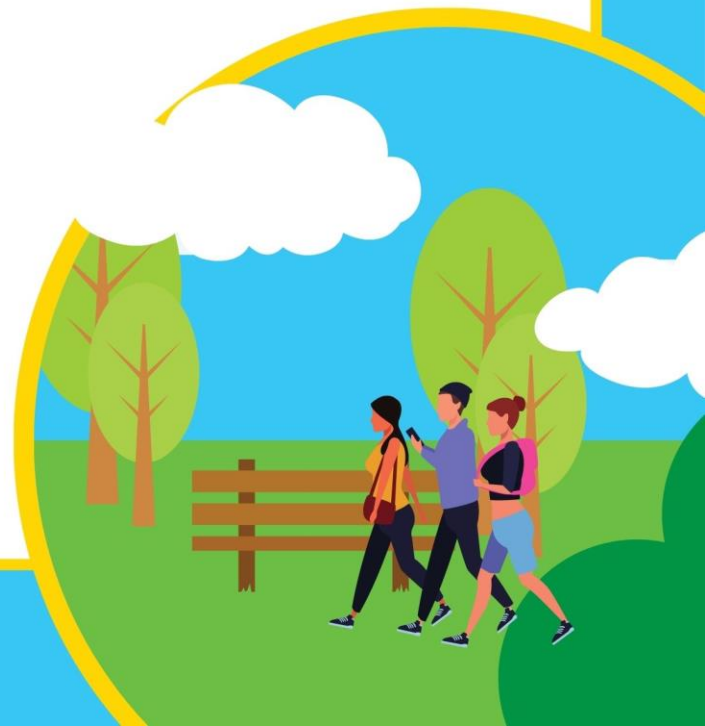
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## How your school can take part...

- The QR code could be on a banner or on a poster in the local park – walk, run, skip, scoot or cycle to hunt it down! Once you have located it:
  - *Scan the QR code.*
  - *Open the link to complete the entry.*
  - *Choose your school to support.*
- Encourage family members, friends and colleagues to enter – and support your school!
- Entries are unlimited for the duration of the challenge – but you can only enter once a day. Duplicates will be identified via e-mail.
- Anyone entering, must be 18 years or older – the parent or guardian will then pledge their points to the relevant school.

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## Flash incentives and themed weeks

- Each scan of the QR code equates to 10 points for the chosen school.
- Every **Thursday** will be TRIPLE POINTS!

There will be chances to earn extra points throughout the challenge by taking part in our flash challenges:

**Flash Challenge Week 1** – Create a video & share the challenge with your whole school community **(200 points)**

**Flash Challenge Week 2** – Share an image of a teacher in the park **(200 points)** for taking part **(250 points)** *(This can be a Senior member of staff or Chair of Governors)*

All Flash Challenges must be completed by tweeting:

**@solihullactive @solihullactive1**

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## Groups and league table system

- To keep things fair, we have divided schools into 3 groups, dependant on pupil numbers.
- Schools who finish in 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in their group, will win prizes such as sports vouchers for their school:
- Leader boards for all groups will be shared on socials and via email where schools do not have social media throughout the challenge @solihullactive & solihullactive1.
- Groups have been named after notable athletes from Solihull:

**GODWIN**

Primary / Infant / Junior schools 0-255

**KARNEY**

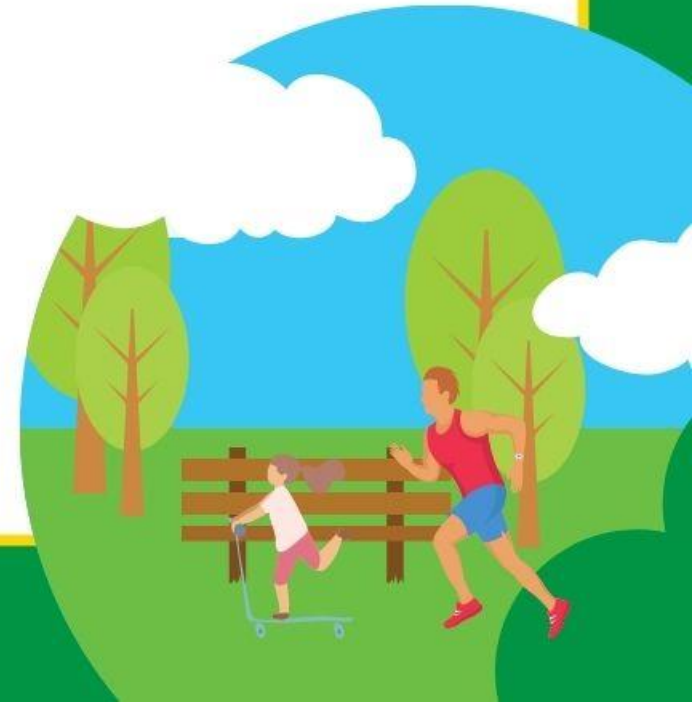
Primary / Infant / Junior schools 255-450

**JOHNSON**

Primary / Infant / Junior schools 450+

Please see the final slide to confirm which group your school will be competing in

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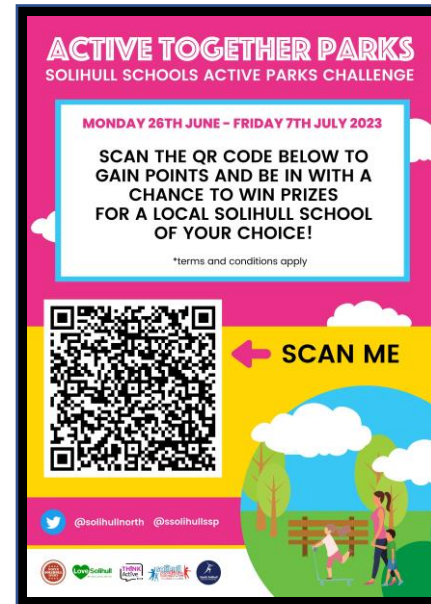
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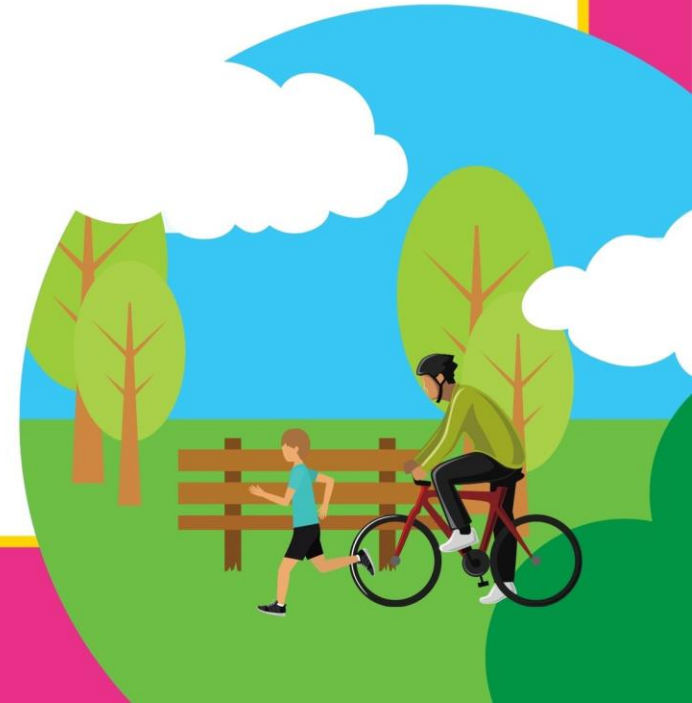
## Which parks are the QR codes in?

- QR codes can be found on **ACTIVE TOGETHER PARKS** banners and posters across a selection of parks and green spaces in all areas of Solihull.
- There are 25 sites that have QR codes in place.

### BANNERS



### POSTERS



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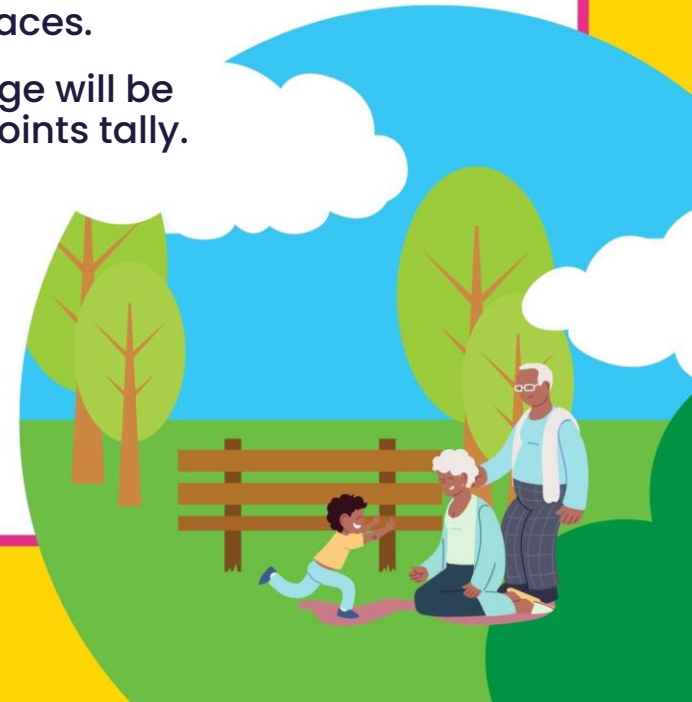
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## Steps to Success...

- Engage and share with SLT and Governors
- Utilise the resource to help build momentum throughout the 2 weeks with your school community
- Print and display a class log to track and celebrate pupils using the parks and open spaces.
- Share the challenge/flash challenges with your whole school community – this challenge will be most successful where everyone is encouraged to engage and support your school's points tally.
- Share the resources/maps provided.
- Share information on your trusted communication channels.
- Share images and videos of pupils and staff engaging.
- Celebrate pupils and families that are engaging and supporting your school.

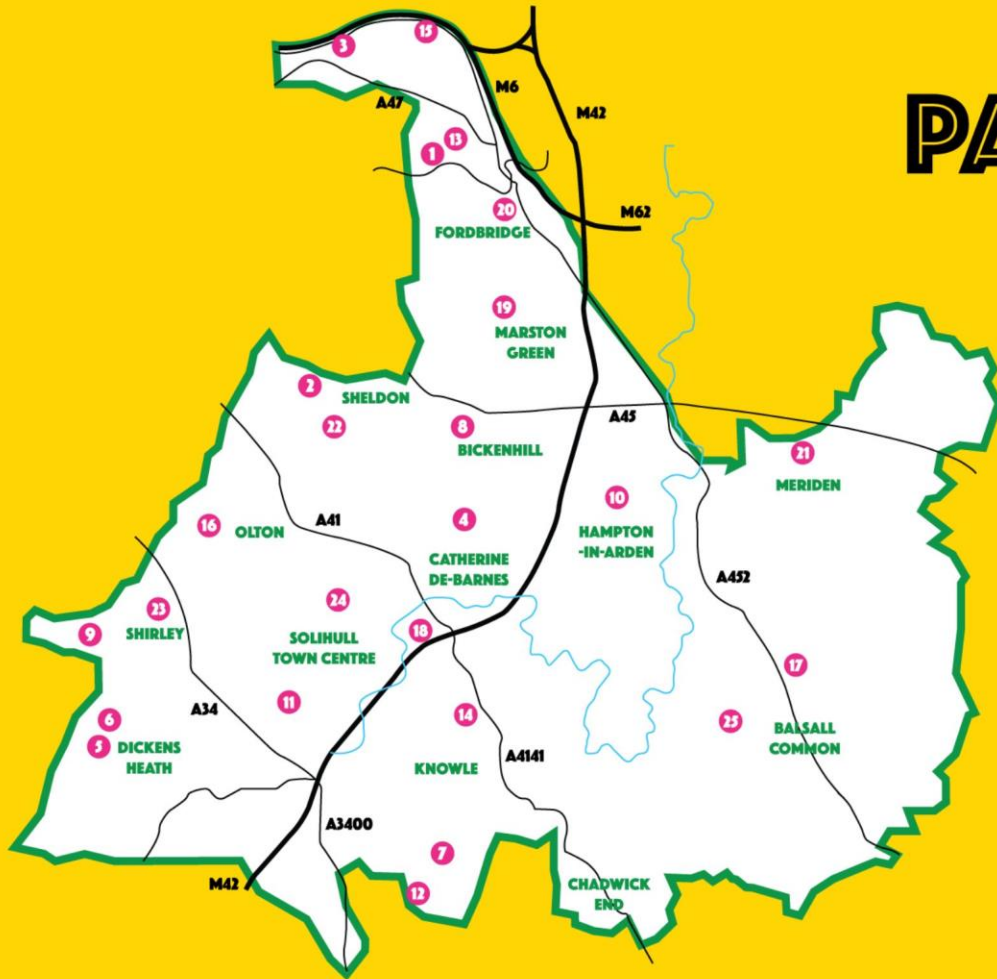


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# ACTIVE TOGETHER PARKS

## PARK QR CODE LOCATIONS



- 1 B37 6LU BABBS MILL PARK
- 2 B92 7RZ BARN LANE RECREATION GROUND
- 3 B36 9EF BEEHCROFT NATURE RESERVE
- 4 B92 9JS DAMSON LANE PARK
- 5 B90 1SO DICKENS HEATH COUNTRY PARK
- 6 B90 1UB DICKENS HEATH PLAY AREA & GREEN
- 7 B93 8LJ DORRIDGE PARK
- 8 B92 9EY ELMDON PARK
- 9 B90 1AP GREEN LANE PARK
- 10 B92 0DO HAMPTON-IN-ARDEN RECREATION GROUND
- 11 B91 3LU HILLFIELD PARK
- 12 B94 6HH HOCKLEY HEATH PARK

- 13 B37 6BD KINGSHURST PARK
- 14 B93 9HT KNOWLE PARK
- 15 B36 9LP LANCHESTER PARK
- 16 B92 7EU LANGLEY HALL PARK
- 17 CV7 7BN LAVENDER HALL PARK
- 18 B91 3HA MALVERN & BRUETON PARK
- 19 B37 5PA MARSTON GREEN PARK
- 20 B37 5TB MERIDEN PARK
- 21 CV7 7RU MERIDEN SPORTS PARK
- 22 B92 8OD OLTON JUBILEE PARK
- 23 B90 3AL SHIRLEY PARK
- 24 B91 3DN TUDOR GRANGE PARK
- 25 CV7 7AF WILLOW PARK

[www.solihullonthemove.co.uk](http://www.solihullonthemove.co.uk)



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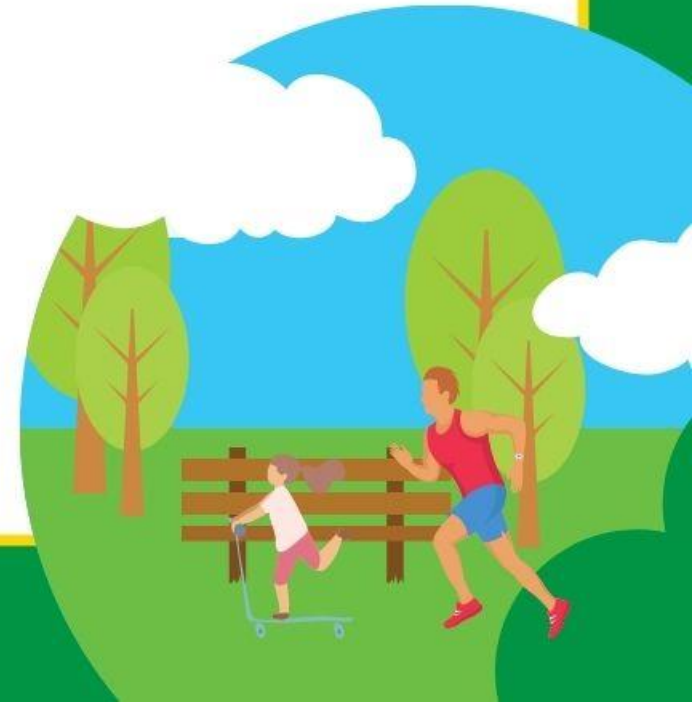


## Follow the journey – get social!

- Follow us!
  - Twitter: @SolihullNorth @SSolihullSSP @SolihullActive @LoveSolihull
  - Instagram: @solihullactive
  - Facebook: Solihull Active<sub>1</sub>
- Use #ATParks and tag us in any related posts
- Share and like our posts
- Check our channels daily for flash challenges, and leader board updates
- Share your photos in parks with us by commenting on our posts

[Where possible do not post images of the QR code in direct sight or put a sticker over the QR code – this can be scanned without attending the park.](#)

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# SCHOOL LEAGUES

## GODWIN

Primary/Infant/Junior  
schools 0-255

Berkswell C of E VA Primary
Burman Infant
Cheswick Green Primary
Coppice Junior
Cranmore Infant
Damson Wood Nursery & Infant
George Fentham Endowed School
Haslucks Green Junior
Hockley Heath Primary
Kinton Green Primary
Kingswood School
Lady Katherine Leveson Primary
Meriden C of E Primary School
Mill Lodge Primary School
Oak Cottage Primary School
Ruckleigh School
St Andrew's RC Primary School
St Augustine's RC Primary School
St George And St Teresa RC Primary School
St John The Baptist RC Primary School
St Margaret's Academy
St Mary And St Margaret's Primary School
St. Patrick's C.E. J & I Academy
Streetsbrook Infant & Nursery School
Tudor Grange Academy - St James
Woodlands Infant School



## KARNEY

Primary/Infant/Junior  
schools 255-450

Bentley Heath C of E Primary
Blossomfield Infant & Nursery
Dickens Heath Community
Eversfield School
Langley Primary School
Marston Green Infant School
Marston Green Junior School
Our Lady Of Compassion RC Primary School
Our Lady Of The Wayside RC Primary School
Peterbrook Primary School
Sharmans Cross Junior School
Shirley Heath Junior School
Solihull Preparatory School
St Alphege C of E Infant & Nursery School
St Alphege C of E Junior School
St Anthony's RC Primary School
Tidbury Green Primary School
Tudor Grange Academy Yew Tree
Widney Junior School



## JOHNSON

Primary/Infant/Junior  
schools 450+

Balsall Common Primary
Bishop Wilson C of E Primary
Castle Bromwich Infant
Castle Bromwich Junior
Coleshill Heath Primary
Dorridge Primary
Fordbridge Primary
Greswold Primary School
Kingshurst Primary
Knowle C of E Primary
Monkspath J & I School
Olton Primary
Smith's Wood Primary
St Anne's RC Primary School
Ulverley Primary School
Valley Primary School
Windy Arbor Primary
Yorkswold Primary School



-  @solihullactive
-  @solihullnorth
-  @ssolihullssp
-  @solihullactive
-  @solihullactive1

# GOOD LUCK!

