



Miss Fowles and the staff at Coleshill Heath School would like to wish you a very Happy Christmas and a healthy and prosperous New Year.

*We break up on Friday 18th December 2020 and look forward to seeing the children back in school on Tuesday 5th January 2021
(Monday 4th January 2021 is an INSET Day)*



Dear Parents and Carers,

A very interesting and eventful term has passed with many highs and lows along the way! Throughout it all, we have done our very best as a school family to keep things as calm and as positive as possible.

Many of you have had the experience of having to isolate and despite the challenges all children and families have done their best with remote home learning so a very well done to you.

We have sent out some very specific communication about COVID reporting which I strongly urge you to read. This is available on School Story (Dojo) and also sent to your email via Schoolcomms.

This year we have come to appreciate all of the little things and realised how much we all do for one another. Keep that kindness at the forefront of your world this festive break and take a moment to realise how very fortunate we are to have such a wonderful school community.

We say farewell to Ms Morrissey (Year 5 Teaching Assistant) as she joins a Special Educational Needs setting and wish her all the best in the future.

From all of here at CHS, we wish you a very Merry Christmas and Happy New Year.

Miss N Fowles - Headteacher and Lead Learner

REMINDERS

Breakfast Club

Finishes on Friday 18th December 2020 and will re-start on Tuesday 5th January 2021. Thank you to parents who have paid their half termly contribution of £5.00. We are looking into replenishing resources for Breakfast Club.

Chuckles& Chums Childcare

Chuckles and Chums - for children aged 4-11 years (7.30am-5.30pm).
If you need any childcare please telephone 0121 779 8073.

Health and Safety – *Stay Safe*



Thank you to all parents wearing face masks and distancing.

Gates - will be open from 8.30am until 8.55am and 2.45pm until 3.00pm. Children need to be in their classroom at 8.55am, children cannot come through the office.

Masks - it is Solihull MBC's mandatory request that masks are worn on playgrounds. Community police will be carrying out stop checks.



Lime Grove, Chelmsley Wood, Birmingham B37 7PY
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INFORMATION REGARDING ADMISSIONS FOR SEPTEMBER 2021

All applications for school places for September 2021 have to be made via the Council website: <http://www.solihull.gov.uk/admissions>. If you live outside Solihull you must apply to your local council even if you want to include Solihull schools on your application. Please note that all admissions (except Nursery) are now done online.

Applying for a Nursery school place for September 2021

If your child was born between 1st September 2017 and 31st August 2018 you can apply for 30 hours free Nursery education in a Solihull school starting in September 2021. These applications are now made directly to schools and not via Admissions. CHS offer 15 hours a week (5 x 3-hour sessions). The additional 15 hours can be applied for at Chuckles and Chums (if entitled). Please email the school office on office@chs.solihull.sch.uk, telephone 0121 779 8070 or call into the school office for an application form.

REPORTING BACK

National Anti-Bullying Week (ABW) 2020 and Kindness Champions

All staff and pupils throughout the school stepped into ABW by wearing their odd socks, to show their commitment to stopping all forms of bullying.

This year's national theme was 'United Against Bullying' and recognising that everyone has a role to play. Through classroom discussions and assemblies, the children explored how and what they can do to stop bullying as well as exploring their own feelings about it.

The week ended with awards being given to class Kindness Champions, those who go above and beyond not only to show kindness everyday but also know how to respond effectively to bullying.

We are proud of all the children at CHS and their commitment to being part of a school that is determined to work on anti-bullying all year round.

A few of our proud 2020 Kindness Champions...



Thank you to everyone for your support.

If you have any concerns about bullying, at any time, please do talk to any member of staff.

Ms Whiting

Poppy Appeal 2020



The Royal British Legion would like to thank you very much for helping with the Poppy Appeal. It has been a difficult time this year with collections but without our help, they would be unable to continue their vital welfare and benevolent work.

#KINDNESS



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CHS Values



Even Eva's elves are helping, they made food boxes to donate to the local food bank...

Last year, before the lockdown, our School Parliament worked very hard to identify 11 extra values, that they wanted us, as a whole school community, to promote and follow. Our core values of Courage, Confidence, Kindness and Honesty will be deepened by these.

Every school month has a value identified for it, that the children discuss and think about during class assemblies and discussions. These are also sent out to all families by message and on our website <https://www.chs.solihull.sch.uk/about-us/school-values>

The values are crucial at any time but during this difficult year seem even more important. December's values are 'generosity and community' and unsurprisingly we continue to see this by the bucket load at C.H.S., with families looking out for one another and thinking of others in our community.

#KINDNESS

PE and Sport – Virtual Games Autumn Term



#COURAGE

This has been a huge success in school sport this term.

Due to not being able to compete in competitions outside of school this term we have been participating in **Virtual Games**. Sporting games are introduced, the children do them in school and then the results are all calculated.

We need to give a big congratulations to all the 183 children who took part as they all did very well.

Year 4 came 2nd and achieved silver and Year 6 came 3rd and achieved bronze both in the Pentathlon.

Virtual Games Activities for the Spring Term

- Years 1/2 and Years 3/4 - Speed Stacking
- Years 3/4 and Years 5/6 - Cross Country
- Years 1/2 - Gymnastics
- Years 5/6 - Basketball Skills (very much like the netball skills with some basketball also included)
- KS2 SEND – Archery
- Personal Best Wellbeing week 5 personal best challenges, 1 per day – 22nd March to 26th March 2021



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Children in Need



Thank you to everyone from CHS who donated to Children in Need. We managed to raise £358.64 for this worthy cause.

#KINDNESS

PARENT INFORMATION

Zones of Regulation for Parents and Useful Telephone Numbers

In school we are using Zones of Regulation. This is to help children identify their emotions and learn how to react to them. All zones are ok just as all feelings/emotions are ok but Green zone is when we feel happy and calm.

Blue Zone: The Blue Zone is used to describe when we are slow moving like when one feels sad, tired, sick, or bored.

Green Zone: Used to describe the ideal state of alertness. A person may be described as calm, happy, focused, or content when he or she is in the Green Zone.

Yellow Zone: A person may be experiencing stress, frustration, anxiety, excitement, silliness, or fear when in the Yellow Zone. The student's energy is elevated yet he or she feels some sense of internal control in the Yellow Zone.

Red Zone: Used to describe an extremely heightened state of alertness. A person may be experiencing anger, rage, explosive behaviour, panic, extreme grief, terror, or elation when in the Red Zone and feels a loss of control.

The **ZONES** of Regulation®

<p>BLUE ZONE</p> <p>Sad Sick Tired Bored Moving Slowly</p>	<p>GREEN ZONE</p> <p>Happy Calm Feeling Okay Focused Ready to Learn</p>	<p>YELLOW ZONE</p> <p>Frustrated Worried Silly/Wiggly Excited Loss of Some Control</p>	<p>RED ZONE</p> <p>Mad/Angry Terrified Yelling/Hitting Elated Out of Control</p>

For more information, please see post on School Dojo from Ms Hayes



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Where can I get Mental Health support over Christmas?

 Mind's free and confidential infoline is there to support anyone who needs it
It is open 9am - 6pm, Monday to Friday
Call 0300 123 3393 or text 86463
The infoline will be closed on the 25th & 26th December and the 1st January 2018

 Calm run a helpline & webchat to support men who need to talk or find information
It is open 5pm - midnight, every day
And will stay open throughout Decemer '17
Call 0800 58 58 58 nationwide or 0808 802 58 58 from London
Or visit www.calmzone.net/help/get-help

 The Mix offers free, confidential support for young people under 25 via online, social and mobile.
All of The Mix support services will remain open throughout December 2017
Visit www.themix.org.uk/get-support to find out more

If you need help when these services are not available, call NHS 111 or the Samaritans on 116 123 

How to contact the school

Go to CHS Website – click on the 'contact us' tab for General Enquiries, COVID Reporting, Attendance & Safeguarding. - *A member of staff will get back to you and answer your query.*

Dojo – message class teachers for class-based queries related to learning.

School closure due to weather or an emergency

School closure due to weather or an emergency

Should the school need to close, we would like to remind you of ways of securing the correct information.

- ♦ Dojo system
- ♦ School texting service: We will send the first contact on our database, a text with the necessary information. Please keep your 'phone turned on and make sure you update the office with any change of mobile number, thank you.
- ♦ Coleshill Heath Twitter Site: log-on to Twitter.com, search Coleshill Heath, click on Coleshill Heath to view our "tweets".
- ♦ Coleshill Heath School website – google Coleshill Heath
- ♦ Search www.solihull.gov.uk internet site.
- ♦ Listen to FREE or Heart FM radio stations where announcements on school closures will be made.

Extra-Curricular Activities 2020-21 Spring (1)

A decision will be made and you notified in January 2021.

COMMUNITY INFORMATION

Please see Community Section on website



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