

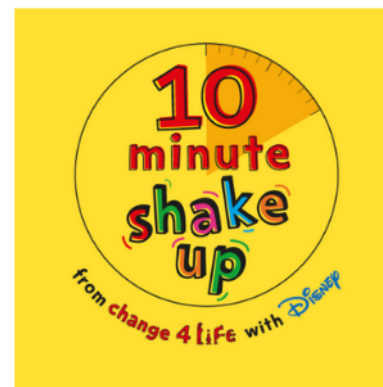
Active idea of the day!

THE FAMILY PHYSICAL ACTIVITY CHALLENGE
MONDAY 11TH JANUARY – SUNDAY 14TH FEBRUARY



Wake Up
Shake Up!

Select and complete
2 Wake Up Shake
Up's together!



Remember to complete your activity log to be in with a chance of winning



@SOLIHULLNORTH

@SSOLIHULLSSP

#ACTIVETOGETHER

#STAYINWORKOUT



South Solihull
School Sport Partnership