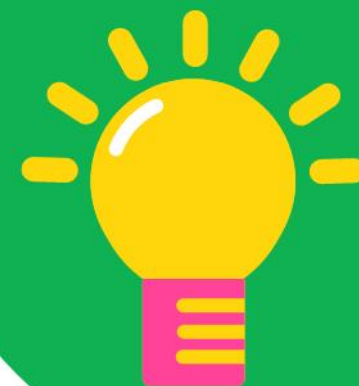


Active idea of the day!

THE FAMILY PHYSICAL ACTIVITY CHALLENGE
MONDAY 11TH JANUARY – SUNDAY 14TH FEBRUARY



Chance to
Shine Cricket
LIVE!

CHANCE TO SHINE LIVE!

JOIN US FOR A LIVE CHANCE TO SHINE CRICKET SESSION!


 WEDNESDAY 13 JANUARY
2.00 - 2.45PM


 [chancetoshine.org/live](https://www.youtube.com/watch?v=chancetoshine.org/live)


 ACCESSIBLE FOR PUPILS OF ALL AGES



YOU WILL NEED:

 SOMETHING TO STRIKE WITH.
E.G. A BAT, A FRYING PAN OR
A HARDBACK BOOK

 A BALL OR A ROLLED UP
PAIR OF SOCKS!

 A TARGET.
E.G. A SET OF STUMPS OR A
RUBBISH BIN

Remember to complete your activity log to be in with a chance of winning



@SOLIHULLNORTH

@SSOLIHULLSSP

#ACTIVETOGETHER

#STAYINWORKOUT



South Solihull
School Sport Partnership

