

Active idea of the day!

THE FAMILY PHYSICAL ACTIVITY CHALLENGE

MONDAY 11TH JANUARY – SUNDAY 14TH FEBRUARY



Select and complete one
of British Dodgeball
DODGEFIVE at home
challenges

DODGEFIVE
@Home



BRITISH
DODGEBALL

Remember to complete your activity log to be in with a chance of winning



@SOLIHULLNORTH

@SSOLIHULLSSP

#ACTIVETOGETHER

#STAYINWORKOUT



South Solihull

School Sport Partnership

