**Expressive Arts & Design**

* I can join in with action rhymes
* I sing along to nursery rhymes
* I explore making marks with paint, chalk, water, dough
* I explore messy play with my hands and feet



**Understanding the World**

* Who is special to me?
* Who looks after me?
* I talk about the people in my family
* I can find different parts of my body
* I experience all weathers and investigate my natural world

**First Steps - Autumn 1**

**My Body and Me**

**Mathematics**

* I explore building with blocks, shapes and construction
* I climb in, through, over, under
* I can use some number names like “1” and “2”
* I try to count along with adults

**Personal Social and Emotional Development**

* I get to know my key person
* I settle into my new environment, exploring with all of my senses
* I have a go at activities I am interested in
* I can say what makes me happy and what makes me sad
* I develop my self-confidence and independence

**Physical Development**

* I explore the outdoors changing speed and direction
* I lift heavy objects with 2 hands
* I explore climbing and having new perspectives

**Communication & Language**

* I can use gestures and simple words to communicate with others
* I can follow a simple instruction from my key person
* I can repeat some key phrases from songs and rhymes
* I can listen to simple stories
* I learn new words as I explore new experiences
* I explore making sounds through banging and hitting