



SOLIHULL INFANT FEEDING GROUPS

Are you a new mum? Or a mum-to-be? Come and join us at one of our groups where you can get information, support, share experiences and make new friends along the way.

All groups are free and informal. There is no need to book – just turn up!

YOU PLUS BABY GROUP

Breastfeeding and bottle feeding information and support - all families welcome.

Monday: Fordbridge Community Hub, Fordbridge School, Crabtree Drive,
Chelmsley Wood, B37 5BU
1pm-2:30pm

BREASTFEEDING CAFES

For information and support specifically around breastfeeding/expressing.

Tuesday: The Bridge, 234 Stratford Road, Shirley, B90 3AG
10.30 am – midday

Wednesday: Renewal Family Centre, Vulcan Road, Solihull, B91 2JY,
10.00-11.30am

Thursday: Hatchford Brook Youth Centre, Old Lode Lane, Solihull, B92 8JE
9.30am-11.00am

BREASTFEEDING CLINIC

For more complex challenges; ie. tongue tie assessment, baby weight loss etc.
Please contact your Health Visitor/Midwife/GP for referral or contact Solihull Infant Team on
0121 726 6753

Wednesday: Balsall Common Health Centre, 1 Ashley Drive, Balsall Common, CV7
7RW.

Please see our website, www.youplusbaby.co.uk (Help and Support Page) for up-to-date information about any group closures.

Keep in touch...



www.youplusbaby.co.uk



Breastfeeding Solihull



app: Feeding Friend



@youplusbaby



@youplusbaby



Tel: 0121 726 6753

Email swg-tr.infantfeedingteam@nhs.net

From 1.9.17 the Infant Feeding Service will be provided by South Warwickshire Foundation Trust and therefore information about you and your care will be shared between Heart of England and South Warwickshire Foundation Trusts. If you do not consent to this sharing of information please inform your clinician.

