

# COMMUNITY HUBS NEWSLETTER



North Solihull Schools Collaborative

Spring Term 2019

## Barnardo's Training Programme for Young People

Barnardo's employment and training team are able to offer an accredited study programme for the first time in the Midlands. It is being delivered in the Community Hub at Elmwood Place to help young people aged 16-19 years to get back on track and achieve functional skills, vocational and employability qualifications who would otherwise be unemployed with little opportunity.

The Employment Engagement Officer has been working with local employers to establish work experience opportunities for their students which could also lead to job opportunities. For enquiries about the course call Hayley on: 07730027132. If you can offer students a work placement please call Leah on: 07834 327507



Barnardo's Team here from left to right: Wendy, Hayley and Harry

## Life Coach Shows Mums the Benefit of Positive Thinking

Life Coach, Amanda Robinson, ran a 6 week introductory course around Mindfulness at Coleshill Heath School Community Hub this term. She helped mums to look at the benefit of setting intentions; remove self-limiting beliefs; the importance of gratitude, affirmations and positive thinking; including forgiveness and kindness and how negativity can impact your health. This led the group to improved self-esteem and confidence enabling them to move forward and achieve new goals.



Life Coach, Amanda Robinson

### In This Issue

- Barnardo's training for young people.
- Mindfulness for parents
- Fordbridge Community Hub
- Hub Events

## Community Events

### Bishop Wilson Hub

**Mondays**

Improving maths & English

**Tuesday**

Foster Carers Support

**Wednesday**

Barnardo's 2nd Chance Programme

**Friday**

Mindfulness support for parents

### Coleshill Heath Hub

**Mondays**

Barnardo's Parent Support Art Class

Mindfulness for Parents

**Tuesdays**

Foster Carer Drop in

**Wednesdays**

Music Group

Sewing Classes

**Thursdays**

Barnardo's Parent Support

**Fridays**

First Steps Mental Health Support

### Elmwood Hub

**Monday**

IT for Beginners

Barnardo's 16-19 Programme

**Tuesday**

Barnardo's 16-19 Programme

**Wednesday**

Barnardo's 16-19 Programme

**Thursday**

Barnardo's 16-19 Programme

**Friday**

Dean Recruitment

Community Craft Group

Job Shop

2nd & 4th Friday of each month

### Fordbridge Hub

**Monday**

Community Patchwork & Quilting

**Tuesday**

Improving English

**Friday**

Vintage Crafts

Improving Maths

### Yorkswood Hub

**Monday**

Baby Clinic

**Tuesday**

Baby Clinic

**Thursday**

Understand Your Child's Behaviour

Slimming Club

**Friday**

Play and Stay



Jo Tysall, Activity Co-ordinator  
Saxon Court Residential Home

## Residential Home Built on Old School Site

Saxon Court in Marlene Croft has recently opened to residents aged over 50. The state of the art building is made up of one and two bedroom apartments including central lounge, kitchen and health facilities.

The development is built on the site where the old Coleshill Heath Primary School used to be situated up until 2016 when

the new school site opened at Lime Grove. Solihull Community Housing have linked in with the new school so as to promote intergenerational relationships. Before Christmas they asked the school to run a painting competition for the children at the new school so as to produce artwork which is to be displayed within the corridors of the new home. Many children took part and their paintings will be displayed with pride at Saxon Court very soon. The pupils will then get a chance to go and see them in place and meet the residents.

## Fordbridge School Community Hub

Activities at Fordbridge School Community Hub includes courses for adults provided by Solihull College who offer Vintage Crafts, Improving Your English and Maths and Patchwork and Quilting. In addition, local agencies offer their expertise and support such as the charity Autism West

Midlands who help and support families who have children with autism. See above photo showing class making rugs and below some cards produced by the craft class at the hub.



### Employed for Success

For Solihull residents who are unemployed

The Team's Employment Officers can help you find work, training or education.

Drop into the job shop at:

Elmwood Place, Burtons Way,  
Smith's Wood, B36 0UG

2nd and 4th Friday in the  
month 1-3pm

