

COMMUNITY HUBS NEWSLETTER



North Solihull Schools Collaborative

Summer Term 2019

Mum Raises Funds for Dementia Research

A Mum whose children attend Coleshill Heath Community School, organised a fundraising coffee morning in April for the benefit of dementia research. Mum, Tracey, has relatives suffering with dementia so feels strongly about this condition and wants to support research into finding a cure. She saw that the charity Dementia UK was asking communities to hold coffee mornings to help raise funds into helping this terrible condition which is set to affect 1 in 3 of us.

Tracey organised the event herself using the community hub attached to the school. She provided drinks, cakes and raffle prizes and through this managed to raise £144! Here you can see visitors joining in and the winner of a raffle prize! Tracey is now planning another coffee morning in the Hub on 3rd October in aid of Autism.



First Steps Support Group

The First Steps support group meet each Friday at the Coleshill Heath Primary School, Community Hub. It aims to enable adults who have mental health issues to come together and help each other combat isolation.

Activities include bingo, arts & crafts, quizzes, coach trips, meals out, pamper sessions, bring and buy sales, speakers and much more. They all enjoy a buffet lunch and refreshments. The picture shows a visit from the Guide Dogs for the Blind and members enjoying their day at the Hub. Members not only offer each other support but enjoy each other's company and have fun! Through the group members have improved their confidence, self esteem and independence and many have shared their talents. Sally Colley, from the Family Care Trust, runs the group and said: "They are such a fantastic group to work with. Five are now volunteer members and I am very privileged to be their coordinator. The Hub is a great facility and anyone who wishes to join us are very welcome."



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Community Events

Bishop Wilson Hub

Mondays

Improving maths & English

Tuesday

Foster Carers Support

Thursday

Gro Organic

Friday

Prince's Trust

Colehill Heath Hub

Mondays

Art Class

Tuesdays

Diabetes Support

Wednesdays

Music Group

Sewing Classes

Fridays

First Steps Mental Health Support

Elmwood Hub

Monday

IT for Beginners

Barnardo's 16-19 Programme

Tuesday

Barnardo's 16-19 Programme

Wednesday

Barnardo's 16-19 Programme

Thursday

Barnardo's 16-19 Programme

Friday

Dean Recruitment

Community Craft Group

Job Shop

2nd & 4th Friday of each month

Fordbridge Hub

Monday

Community Patchwork & Quilting
Breastfeeding Café

Tuesday

Improving English

Friday

Vintage Crafts

Improving Maths

Yorkswood Hub

Monday

Baby Clinic

Yoga

Tuesday

Baby Clinic

Youth Club

Thursday

Parenting support

Slimming Club

Friday

Play and Stay

For more information contact Sue
Watson E: swatson@unitytrustsolihull.org.uk

Capitol House Hub at Yorkswood School

Since the hub moved into Capitol House from the temporary building on site, the baby clinic has been running each week for local mums. Various other activities have also been developing for parents of children who attend the school including: Stay and Play; Yoga; a slimming club; family music workshop; mental health support ; a craft group run by Solihull College and parenting support run by Barnardo's. In addition, to support young people, a youth club, run by volunteers, takes place in the centre each week.

Following work already carried out to enable a multi faceted facility at Capitol House, plans are underway to improve access and surrounding landscaping, which is part of the new school building project due to be completed soon.



Mums and toddlers enjoy activities at the Stay and Play sessions in Capitol House



**Solihull College
& University Centre**

**FREE English and maths courses at a centre
near you in September!**

Bishop Wilson School, Community Hub

English workshops: Monday 9.15-11.15am

Maths Workshops: Monday 1-3pm

Colehill Heath School, Community Hub

English workshops: Monday 1-3pm

Fordbridge School, Community Hub

English workshops: Tuesdays 9.30-11.30

Maths workshops: Fridays 12.30-2.30pm



Tel: 0121 678 7024

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Employed for Success

For Solihull residents who are unemployed

The Team's Employment Officers can help you find work, training or education.

Drop into the job shop at:

Elmwood Place, Burtons Way,
Smith's Wood, B36 0UG

2nd and 4th Friday in the
month 1-3pm

