

# Want to Learn Wednesday



Learning something new is positively associated with mental health and wellbeing

- Try something new or rediscover an old interest
- Take on a challenge or skill you will enjoy achieving
- Think about what you would like to learn, what your interests are and what would be useful in your life.

## 1

Learn how to do some card tricks. See what magic tricks you can learn.



A ● -	J ● - - -	S ● ● ●
B - ● ● ●	K - ● -	T -
C - ● - ●	L ● - ● ●	U ● ● -
D - ● ●	M - -	V ● ● ● -
E ●	N - ●	W ● - -
F ● ● - ●	O - - -	X - ● ● -
G - - ●	P ● - - ●	Y - ● - -
H ● ● ● ●	Q - - ● -	Z - - ● ●
I ● ●	R ● - ●	

## 2

Research and learn Morse code. See if you can write secret messages for friends and family. Teach people your new skill.

## 3

Learn some jokes. Why not ask people some jokes, then research in books or on the internet. Really challenge yourself and make some jokes up of your own.

Teacher: Please name two pronouns.  
Student: Who? Me?  
Teacher: Correct.