

Want to Learn Wednesday

Learning something new is positively associated with mental health and wellbeing

- Try something new or rediscover an old interest
- Take on a challenge or skill you will enjoy achieving
- Think about what you would like to learn, what your interests are and what would be useful in your life.



Learn how to draw with Rob Biddulph. Join the hashtag #drawWithRob. He offers step-by-step video tutorials helping you along the way to create some fantastic characters. Let us see them when you've finished.

> http://www.robbiddulph.com/drawwith-rob



Encourage children to challenge themselves with their TT Rockstars progress. Forgotten logins can be obtained from your child's teacher. Maybe they could learn a new times table? Join in and see if you can improve your own speed of recall.

