

Staying well connected and sociable with people around us is good for wellbeing and mental health especially during isolation.

Stay in touch with friends and family

EVERY CHILD, EVERY DAY

- Adults might like to keep in touch with other adults on groups on social media.
- Stay connected to our **Coleshill Heath** Primary Facebook group. Request to join as this is a closed group for parents of the school.
- Children can **blog** and other pupils/staff can comment on their blogs
- Stay connected with our School Dojo system.
- Join us on Twitter **@nfowles5** @ColeshillHeath @lil\_missteacher ٠



Have fun together creating a trail in your home, garden or park using sticks. Agree on a code for the symbols and then create the trail for others to follow.

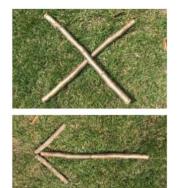
2

As a family, listen to the chapters released by David Walliams everyday. His current book is The Ice Monster.

https://www.worldofdavidwalliams.com/eleve nses/

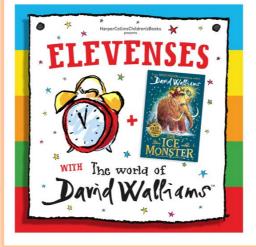
Set up your home like a restaurant for an evening. Dress up pretending that you are dressing up to go out for dinner.

## Activity twelve - Follow the trail



	Key skills
•	To describe position, direction and movement
	Have ready
	Sticks or alternatives.
	Activity

- Lay a trail of sticks through woods, park, your garden or even in your home.
- Agree a trail code, for example, cross sticks means dead end, arrow turn left or right or straight ahead.
- Use positional language to describe how you get through your trail.





3