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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **ATHLETICS** **Challenge 1** Standing Long Jump **Challenge 2**10 x 5m Shuttle Run | **CRICKET** **Challenge 1**Wall Catch **Challenge 2** Bat Blast | **TENNIS** **Challenge 1** Target Throw **Challenge 2** Switch | **DANCE****Challenge 1** Determination4 fitness moves**Challenge 2** Passion Set Routine**Challenge 3** Self Belief Own Choreography | **BASKETBALL** **Challenge 1** Around the Body **Challenge 2** Shoot Out |
| Video support - <https://youtu.be/5_J-EiTecHQ>  | Video support - <https://youtu.be/ajuEes1w8J0>  | Video support - <https://youtu.be/YiGZ4QmfZz0>  | Video support - – <https://youtu.be/eNmTRXfzm6E> Link to music – Hey! https://youtu.be/m0hynO4BeRo | Video Support - <https://youtu.be/ZyKB1wESboA>  |
| Athletics Celebration Video link <https://youtu.be/K48dOqviG80> | Cricket Celebration Video link <https://youtu.be/ZnzwM6XHELI> | Tennis Celebration Video Link <https://youtu.be/IbnT1G1pgd4> | Dance Celebration Video Link <https://youtu.be/JZSobCAWLYM> | Basketball Celebration Video Link https://youtu.be/2qaqMENsynk |