

PERSONAL BEST CELEBRATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ATHLETICS	CRICKET	TENNIS	DANCE	BASKETBALL
Challenge 1 Standing Long Jump Challenge 2 10 x 5m Shuttle Run	Challenge 1 Wall Catch Challenge 2 Bat Blast	Challenge 1 Target Throw Challenge 2 Switch	Challenge 1 Determination 4 fitness moves Challenge 2 Passion Set Routine Challenge 3 Self Belief Own Choreography	Challenge 1 Around the Body Challenge 2 Shoot Out
Video support - https://youtu.be/5_J-EiTecHQ	Video support - https://youtu.be/ajuEes1w&J0	Video support - https://youtu.be/YiGZ4QmfZz0	Video support - -- https://youtu.be/eNmTRXfzm6E Link to music – Hey! https://youtu.be/m0hynO4BeRo	Video Support - https://youtu.be/ZyKB1wESboA
Athletics Celebration Video link https://youtu.be/K48dOqviG80	Cricket Celebration Video link https://youtu.be/ZnzwM6XHELI	Tennis Celebration Video Link https://youtu.be/lbnT1G1pgd4	Dance Celebration Video Link https://youtu.be/JZSobCAWLYM	Basketball Celebration Video Link https://youtu.be/2qaqMENsynk