



Key Vocabulary	
	<u>Definition</u>
mammal	A mammal is an animal that breathes air, has a backbone, and grows hair at some point during its life.
reptile	Reptiles are covered with small, bony plates called scales for protection, unlike your smooth skin. They also breathe air through lungs and lay eggs.
amphibian	An amphibian is a cold-blooded vertebrate typically living on land but breeding in water.
fish	An animal that lives in water and has fins for swimming and gills for breathing.
bird	Birds are warm-blooded, egg-laying animals that have vertebrae,

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Key Vocabulary		
birth	The arrival of a baby or other young from the body of its mother.	
parents	A mother or father of their young.	
offspring	A person or animal's child or children.	
eggs	A shell by which some animals reproduce and from which the young hatches out.	
live young	Offspring are born 'living' rather than inside an egg to hatch.	

What do animals need to survive? water air space a place food to live



Activities that you could do at home:

Read 'Eliza and the Dragonfly' by Susie Caldwell Reinhart or 'Does a kangaroo have a mother too?' by Eric Carle

Take a trip to a butterfly farm



Key Concepts:

What is a balanced



What is regular exercise?

diet?

Adults need to be active for at least 150 minutes each week.

Children aged between 5— 16 need to be active for at least 60 minutes each day.

What is good hygiene?

To maintain daily personal hygiene, you should make sure:

- Your hands are washed after you've used the toilet
- Your face is washed daily
- You're fully bathed or showered at least twice a week
- Your teeth are brushed twice a day