

# AQA A-Level Psychology 5-Week Revision Calendar

This calendar provides daily tasks for 5 weeks of revision. Tick the boxes as you complete each task.

## **Mock 2**

**Paper 1** - (Social Influence, Memory, Attachment and Psychopathology – don't forget Research Methods too!!!) – **Monday 23<sup>rd</sup> February**

**Paper 2** – (Approaches, Biopsychology and Research Methods) :

13C (HLO and JSA's group) – **Monday 2<sup>nd</sup> March** – Periods 4 and 5

13D (TOB and JXB's group) – **Wednesday 4<sup>th</sup> March** – Periods 1 and 2

## Week 1 – WB 19<sup>th</sup> January

Day	Tasks
Day 1	<input type="checkbox"/> Social Influence: Mind map of NSI & ISI including Compliance & Internalisation. <input type="checkbox"/> Approaches: Written notes on Wundt and AO3 <input type="checkbox"/> Research Methods: Flashcards for hypotheses, IV/DV and operationalisation <input type="checkbox"/> Psychopathology: Flashcards on definitions of abnormality and evaluation points
Day 2	<input type="checkbox"/> Memory: STM and LTM – key studies <input type="checkbox"/> Approaches: Written notes on types of conditioning Attachment: Mindmap theories of attachment with AO3 <input type="checkbox"/> Research Methods: Burger paragraphs on sampling
Day 3	<input type="checkbox"/> Social Influence: Burger paragraphs NSI & ISI & key studies. Mindmap obedience key studies, situational variables, explanations for. <input type="checkbox"/> Research Methods: Table on types of experiment including evaluation of each <input type="checkbox"/> Psychopathology: Clinical characteristics of abnormality – table covering behavioural, emotional and cognitive characteristics of Phobias, Depression and OCD
Day 4	<input type="checkbox"/> Memory: MSM & WMM diagrams with AO3 notes and Table comparing MSM & WMM <input type="checkbox"/> Approaches: Venn diagram biological vs behaviourist approaches, including AO3 points for each <input type="checkbox"/> Research Methods: Notes on correlational research
Day 5	<input type="checkbox"/> Flashcard quiz on key terms <input type="checkbox"/> Essay plan: Behaviourist approach

## Week 2 – WB 26<sup>th</sup> January

Day	Tasks
Day 1	<input type="checkbox"/> Attachment: Flow chart for synchrony, reciprocity & role of the father. Social Influence: Mindmap authoritarian personality. <input type="checkbox"/> Approaches: Mind map cognitive approach and evaluation <input type="checkbox"/> Research Methods: Poster on BPS guidelines and notes on ways of dealing with ethical issues
Day 2	<input type="checkbox"/> Psychopathology: Notes on Behaviourist explanation and treatment of Phobias <input type="checkbox"/> Approaches: Burger paragraphs on SLT, evaluation and SLT's contributions to society <input type="checkbox"/> Research Methods: Flow chart experimental designs
Day 3	<input type="checkbox"/> Attachment: Flow chart Schaffer & Emerson stages <input type="checkbox"/> Approaches: Written notes on the Psychodynamic approach and evaluation <input type="checkbox"/> Research Methods: Notes on ethical issues
Day 4	<input type="checkbox"/> Psychopathology: Essay plans on Cognitive Explanations and Treatments of Depression <input type="checkbox"/> Approaches: Written notes on Biological Approach and evaluation <input type="checkbox"/> Research Methods: Flashcards for hypotheses
Day 5	<input type="checkbox"/> Flashcard recall of definitions & SLT <input type="checkbox"/> Essay plan: Explanations of conformity

## Week 3 – WB 2<sup>nd</sup> February

Day	Tasks
Day 1	<ul style="list-style-type: none"><li><input type="checkbox"/> Memory: Types of LTM and evaluation</li><li><input type="checkbox"/> Biopsychology: Flow chart nervous system</li><li><input type="checkbox"/> Research Methods: Mind map observation methods and design</li></ul>
Day 2	<ul style="list-style-type: none"><li><input type="checkbox"/> Social Influence: Mind map resistance to influence – conformity, obedience &amp; locus of control.</li><li><input type="checkbox"/> Biopsychology: Flow chart fight-or-flight</li><li><input type="checkbox"/> Research Methods: Flashcards self-report techniques</li></ul>
Day 3	<ul style="list-style-type: none"><li><input type="checkbox"/> Memory: Notes on forgetting - interference theory and retrieval failure theory, including AO3 evaluation</li><li><input type="checkbox"/> Biopsychology: Diagram neurons</li><li><input type="checkbox"/> Research Methods: Flashcards time vs event sampling</li></ul>
Day 4	<ul style="list-style-type: none"><li><input type="checkbox"/> Social Influence: Burger paragraphs locus of control</li><li><input type="checkbox"/> Biopsychology: Flashcards neuron types</li><li><input type="checkbox"/> Research Methods: Notes on content and thematic analysis</li></ul>
Day 5	<ul style="list-style-type: none"><li><input type="checkbox"/> Flashcard recall interference vs retrieval failure</li><li><input type="checkbox"/> Essay plan: Resistance to social influence</li></ul>

## Week 4 – WB 9<sup>th</sup> February

Day	Tasks
Day 1	<input type="checkbox"/> Attachment: Mind map types of attachment & cultural variations <input type="checkbox"/> Biopsychology: Diagram brain structure – localisation of function <input type="checkbox"/> Research Methods: Flashcards statistical tests
Day 2	<input type="checkbox"/> Psychopathology: Notes on OCD – Genetic explanation and evaluation <input type="checkbox"/> Biopsychology: Flow chart Sperry's research <input type="checkbox"/> Research Methods: Table linking tests to data
Day 3	<input type="checkbox"/> Attachment: Notes on Romanian orphan studies – institutionalisation and influence of early attachments. <input type="checkbox"/> Biopsychology: Mind map plasticity and functional recovery <input type="checkbox"/> Research Methods: Notes on significance levels and Report Writing
Day 4	<input type="checkbox"/> Flashcard recall - neural explanations of OCD and evaluation <input type="checkbox"/> Biopsychology: Notes on localisation evidence; Ways of studying the brain. <input type="checkbox"/> Research Methods: Flow chart - Type 1 & 2 errors
Day 5	<input type="checkbox"/> Psychopathology: Burger paragraphs drug therapy <input type="checkbox"/> Essay plan: Biological treatments of OCD

## Week 5 – WB 16<sup>th</sup> February (half-term)

Day	Tasks
Day 1	<input type="checkbox"/> Social Influence: Mind map minority influence <input type="checkbox"/> Approaches: Notes comparing Behaviourist and SLT <input type="checkbox"/> Research Methods: Flashcards reliability & validity Biopsychology: Notes on biological rhythms.
Day 2	<input type="checkbox"/> Memory: Notes on EWT – influence of misleading information (leading questions and post-event discussion) and anxiety <input type="checkbox"/> Approaches: Flow chart hierarchy of needs and notes humanistic approach including evaluation <input type="checkbox"/> Research Methods: Notes on improving validity
Day 3	<input type="checkbox"/> Social Influence: Essay plan minority influence <input type="checkbox"/> Approaches: Summary table psychodynamic vs humanistic <input type="checkbox"/> Research Methods: Types of distribution
Day 4	<input type="checkbox"/> Memory: Diagram cognitive vs standard interview <input type="checkbox"/> Approaches: Flashcards defence mechanisms <input type="checkbox"/> Research Methods: Notes on 3 measures of central tendency and 2 measures of dispersion
Day 5	<input type="checkbox"/> Timed essay: Minority influence <input type="checkbox"/> Flashcard recall statistical testing