

Congleton High School Menu for February 2025



February Menu Week One



Dish	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausage & mash, peas and gravy	Pasta with tomato sauce and meatballs with garlic bread	Roast chicken dinner, roast potatoes, veg, stuffing and gravy	Chicken curry, rice and poppadoms	Fish, chips and peas
Main Vegetarian Option (v)	Quorn sausage, mash, peas and gravy	Pasta with meat-free meatballs, tomato sauce and garlic bread	Quorn chicken dinner, roast potatoes, veg, stuffing and gravy	Veggie curry, rice and poppadoms	Veggie burger, chips and peas
Cold Daily	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps



February Menu Week Two



Dish	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pie and mash, peas and gravy	Chilli con carne, rice and nachos	Pasta bolognese and garlic bread	Cottage pie, veg and gravy	Fish, chips and peas
Main Vegetarian Option (v)	Vegetarian sausage roll, mash, peas and gravy	Vegetarian chilli, rice and nachos	Quorn bolognese and garlic bread	Quorn cottage pie, veg and gravy	Veggie burger, chips and peas
Cold Daily	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps	Selection of sandwiches, baguettes, wraps

Daily Grab and Go Selection:

Each day we will serve a variety of **Grab and Go** items including:

- Sweet chilli chicken chunks, Mozzarella sticks (v), Veg spring rolls (v), Pigs in blankets (Gluten free), BBQ chicken strips, potato wedges, burgers, sweet and savoury pastries.
- Toasties, panini, wraps, rice/noodle pots, soups.
- Jacket potatoes with a range of toppings (tuna/mayo, cheese, beans).
- Pasta pots (various toppings).

Desserts

Selection of fresh fruit, fruit bags, yoghurt, cereal bars, tray bake flapjack, chocolate crunch, smoothies, doughnuts and more.

Allergies

We offer a complete list of allergens at our point of sale. Please speak to a member of our catering staff if you have an allergy and need to know what's in any of our dishes, they will be happy to advise you of the available choices.